 Boat House Hours:
Monday-Friday: 1pm-5pm
Sat/Sun: 1pm-5pm

The drops of rain make a hole in the stone,
not by violence, but by oft falling. ~Lucretius

Soup, Salad, & Soul
(informal discussions, lunch provided)
Fridays, 12:15-1pm,
Bodman Lounge, Chapel

THE WELL-STREET JOURNAL
~Brought to you by Jan Morris in Student Affairs~

What’s on YOUR list?

HELLO

Spring

"If we had no winter, the spring would not be so pleasant: if we did not sometimes taste of adversity, prosperity would not be so welcome." ~Anne Bradstreet,
first published American woman writer.

Check out my Wellness Blog at: http://sophia.smith.edu/blog/wordsofwisdom/
### SUNDAY
April 18 & 19
Whitewater Rafting
Class II-III rapids
All gear provided, No experience needed.

**Get Fit Smith - Zumba**
- **April 18:** 4pm, Ainsworth 304 (has the climbing wall)

### Every MONDAY

**Buddhist Meditation**
All welcome. 5pm
Chapel Sanctuary

**Get Fit Smith - Zumba**
6pm, Ainsworth 304 (has the climbing wall)

### Every TUESDAY

**Drop-In support group for seniors**
12:15pm, Rm 201
Health/Wellness Ctr.,

**Get Fit Smith - Zumba**
6pm, Ainsworth 304 (has the climbing wall)

### Every WEDNESDAY

**Drop-In Meditation Sessions**
12:10pm-12:50pm
Neilson Browsing Rm

**Get Fit Smith - Zumba**
6pm, Ainsworth 304 (has the climbing wall)

### Every THURSDAY

**Get Fit Smith - Yoga**
5pm, Ainsworth Studio

**Get Fit Smith - Zumba**
6pm, Ainsworth 304 (has the climbing wall)

### Every FRIDAY

**Soup, Salad & Soul**
12:15-1pm, Bodman Lounge, Chapel
Student led discussion group featuring home-made vegetarian soup and salad.

**SEC MOVIE Night**
Weinstein Auditorium
7:30pm, https://smith.collegiatelink.net/organization/sec

### Every SATURDAY

**Smith-To-Do**
Art & Crafts Projects (Always free!)
Davis Ballroom, 9pm
http://www.smith.edu/ose/programs_to-do.php

**SEC MOVIE Night**
Weinstein Auditorium
7:30pm, https://smith.collegiatelink.net/organization/sec

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**April 12th:**
- TENNIS VS SEVEN SISTERS CHAMPIONSHIP, TBA
- Concert Conversations
  Earle Recital Hall, 4pm, Sage
- Playreading Series:
  The Koyal's Cage, 7:30pm, Chapel

**April 13th:**
- Emily Nagoski Book Talk
  6pm, Carroll Rm

**April 14th:**
- Karen Smith Emerson, soprano
  and Judith Gordon, piano, 12:30pm, Sweeney
- Sayed Kashua,
  Palestinian author, 1pm, Poetry Center

**April 15th:**
- Prof-Student Poetry Reading
  4:30pm, TV Lounge

**April 16th:**
- Jittery’s Live:
  1st Klass,
  9pm, TV Lounge

**April 17th:**
- Starlight Ball
  Quad, 7pm

**April 18th:**
- Smitherreens Spring Jam,
  7pm, Chapel

**April 19th:**
- Wet Ink Ensemble
  7:30pm, Sage

**April 20th:**
- Mary Ruefle
  Poetry reading
  7:30pm, Weinstein

**April 21st:**
- Kiss of the Spider Woman,
  5pm, Weinstein Aud.

**April 22nd:**
- Jittery’s Live:
  Doe Paoro
  9pm, TV Lounge

**April 23rd:**
- Jittery’s Live:
  5pm
  Weinstein Aud.

**April 24th:**
- SEC MOVIE:
  Wild
  7:30pm, Weinstein Aud

**April 25th:**
- SEC MOVIE:
  Kiss of the Spider Woman
  7:30pm, Weinstein Aud

**April 26th:**
- Whitewater Kayaking (pre-req.: indoor Dalton pool session)

**April 27th:**
- Senior Class Day
  Speaker: Janet Mock
  7pm, JMG

**April 28th:**
- DIY Flower Crowns, 11am
  CC Main Level

**April 29th:**
- Starlight Ball
  Quad, 7pm

**April 30th:**
- Post A Poem
  12pm, Chapin Lawn

**May 1st:**
- Student Voice Recitals, 4:30-6pm, Sage/Sweeney

**May 2nd:**
- Glow in the Dark Zumba/Yoga
  7:30pm, Carroll Rm