So You Want to Get Involved?
Steps for Social Workers Invested in Social Change

1. Get educated
   - Read - a lot, check your facts and sources
   - Take a class in non-violent resistance or community organizing
     ▪ Think critically about what kinds/levels of risk you are willing to assume for yourself and the consequences (i.e., If you get arrested, how will this impact your employment, financial aid, etc.?)
     ▪ Think about what issues are your priorities
     ▪ Start a list of issues impacting your clients
     ▪ Train to be a poll watcher

2. Find community
   - Talk to people in person and across party lines. Meet your neighbors, go to a community group, attend town hall meetings
   - Form a solidarity group with peers, a neighborhood, an affinity group
   - Join existing coalitions that are organizing

3. Get engaged
   - Write about it (editorials, blogs, social media networks)
   - Call your senators and representatives, leaders in both political parties (Paul Ryan, Charles Schumer, etc. calls work better than emails)
   - Lead a skill share - Examples: How to legally change your gender marker, studying for the citizenship exam, getting educated about your birth control options
   - Bring the issues affecting your clients to agency level meetings/ask your agency to engage in social action
   - Run a voter registration drive at your agency for clients and staff
   - Volunteer
   - March (attend rallies in your community)

STAY SAFE
1. Know the consequences of your action
   - Consider your personal and professional responsibilities and implication of action
   - What would happen to your job, status as a student, financial aid, immigration status, if you were arrested?
   - What level of individual risk are you willing to assume?
   - How would consequences you face impact your clients, family, community?
     ▪ E.g., client care, impact of your potential unplanned absence
     ▪ Care for others who may depend on you

2. Develop a plan for support and intervention if needed
   - Identify who you will call
   - Develop a phone tree
     ▪ Instrumental support
     ▪ Family
     ▪ Friends
RESOURCES

- Southern Poverty Law Center
  https://www.splcenter.org/20150126/speak-responding-everyday-bigotry

- Council of Nonprofits

- National Network for Immigrant and Refugee Rights
  http://www.nnirr.org/drupal/post-election-resources

- National Immigration Law Center
  https://www.nilc.org/issues/immigration-enforcement/everyone-has-certain-basic-rights

- Transgender Law Center - Know Your Rights - Federal ID Quick Guide
  http://transgenderlawcenter.org/resources/id/id-please-quick-guide

- Black Lives Matter
  Blacklivesmatter.com

- ACLU
  https://www.aclu.org/know-your-rights/what-do-if-your-rights-are-violated-demonstration-or-protest
  https://www.aclu.org/know-your-rights/what-do-if-youre-stopped-police-immigration-agents-or-fbi

- The World is a Terrible Place
  http://www.theworldisaterribleplace.com/ohcrap

- Human Rights Campaign
  http://www.hrc.org/blog/what-a-trump-administration-could-mean-for-lgbtq-rights

- NY Magazine Article
→ United We Dream
   http://unitedwedream.org/action/stop-deportations/open-cases/

→ Massachusetts Hotline for Reporting Incidents of Bias Motivated Threats, Harassment and Violence

→ Hate Crimes Information from the Massachusetts Attorney General
   http://www.mass.gov/ago/consumer-resources/your-rights/civil-rights/hate-crimes.html