Post-Election Resources
Compiled by Tasha Souza

Returning to the Classroom after the Election

- Returning to the classroom after the election from University of Michigan’s Center for Research on Learning & Teaching
- Teaching in Response to the Election, from Vanderbilt University Center for Teaching
- Resources for Teaching the Presidential Election and Other Controversial Topics from The Ohio State University, University Center for the Advancement of Teaching
- Teaching in the Eye of the Storm, by Therese A. Huston and Michele DiPietro

Engaging in Difficult Conversations/Responding to Hot Moments

- Calling In: A Quick Guide on When and How, by Sian Ferguson,
- The Faculty Focus Special Report on Diversity and Inclusion in the College Classroom has many relevant quick-read resources including Managing Hot Moments in the Classroom: Concrete Strategies for Cooling Down Tension (p. 4), Seven Bricks to Lay the Foundation for Productive Difficult Dialogues (p. 6), Overcoming Racial Tension: Using Student Voices to Create Safe Spaces in the Classroom (p.9) and Managing Microaggressions in the College Classroom (p. 10).
- Resources for Difficult Dialogues in the Classroom, Michigan State University Academic Advancement Network
- Responding to Everyday Bigotry, from Southern Poverty Law Center
- Responding to Microaggressions with Microresistance: A Framework for Consideration, from Cynthia Ganote, Floyd Cheung, Tasha Souza

Resources for Self-Care and Mental Health

- What It Really Means to Hold Space for Someone, Heather Plett,
- 4 Self-Care Resources for Days When the World is Terrible, Miriam Zoila Perez,
- 3 Ways to Prioritize Self-Care While Resisting Dehumanization: Because #BlackWellnessMatters, Akilah S. Richards
- Transforming Anger into Building Solidarity, Beth Berila
- 5 Self-Care Tips for Activists – ‘Cause Being Woke Shouldn’t Mean Your Spirit’s Broke, Kim Tran
- What’s Missing When We Talk About Self-Care, Carmenleah Ascencio

Solidarity building

- 30 Ways to Be a Better Ally, by Jamie Utt, Being An Ally/Building Solidarity, by Southerners On New Ground (S.O.N.G.),