

Post-Election Resources

Compiled by Tasha Souza

Returning to the Classroom after the Election

- [Returning to the classroom after the election](#) from University of Michigan's Center for Research on Learning & Teaching
- [Teaching in Response to the Election](#), from Vanderbilt University Center for Teaching
- [Resources for Teaching the Presidential Election and Other Controversial Topics](#) from The Ohio State University, University Center for the Advancement of Teaching
- [Teaching in the Eye of the Storm](#), by Therese A. Huston and Michele DiPietro

Engaging in Difficult Conversations/Responding to Hot Moments

- [Calling In: A Quick Guide on When and How](#), by Sian Ferguson,
- The Faculty Focus Special Report on [Diversity and Inclusion in the College Classroom](#) has many relevant quick-read resources including *Managing Hot Moments in the Classroom: Concrete Strategies for Cooling Down Tension* (p. 4), *Seven Bricks to Lay the Foundation for Productive Difficult Dialogues* (p. 6), *Overcoming Racial Tension: Using Student Voices to Create Safe Spaces in the Classroom* (p.9) and *Managing Microaggressions in the College Classroom* (p. 10).
- [Resources for Difficult Dialogues in the Classroom](#), Michigan State University Academic Advancement Network
- [Responding to Everyday Bigotry](#), from Southern Poverty Law Center
- [Responding to Microaggressions with Microresistance: A Framework for Consideration.](#), from Cynthia Ganote, Floyd Cheung, Tasha Souza

Resources for Self-Care and Mental Health

- [What It Really Means to Hold Space for Someone](#), Heather Plett,
- [4 Self-Care Resources for Days When the World is Terrible](#), Miriam Zoila Perez, □
- [3 Ways to Prioritize Self-Care While Resisting Dehumanization: Because #BlackWellnessMatters](#), □Akilah S. Richards
- [Transforming Anger into Building Solidarity](#), Beth Berila□
- [5 Self-Care Tips for Activists – 'Cause Being Woke Shouldn't Mean Your Spirit's Broke](#), Kim Tran
- [What's Missing When We Talk About Self-Care](#), Carmenleah Ascencio,

Solidarity building

- [30 Ways to Be a Better Ally](#), by Jamie Utt, □[Being An Ally/Building Solidarity](#), by Southerners On New Ground (S.O.N.G.),