

Parent Reading Recommendations

Choosing a college is perhaps the biggest decision you've had to work through with your daughter. And though she'll be the one doing the studying, you too have a major stake in her choice of a college.

- *A Woman's Education*, Jill Ker Conway
- *Almost Grown: Launching Your Child from High School to College*, Patricia Pasick
- *Crazy Busy: Overstretched, Overbooked and About to Snap! Strategies for Handling Your Fast-Paced Life*, Edward M. Hallowell, MD
- *Doors Open from Both Sides and I'll Miss You, Too: What Will Change, What Will Not, and How We'll Stay Connected*, Margo Bane Woodacre
- *Getting Things Done: The Art of Stress-Free Productivity*, David Allen
- *How to Survive and Thrive in an Empty Nest: Reclaiming Your Life When Children Have Grown*, Jeannette and Robert Lauer
- *I'm Going to College—Not You! Surviving the College Search with Your Child*, Jennifer Delahunty
- *Less Stress, More Success: A New Approach to Guiding Your Teen Through College Admissions and Beyond*, Marilee Jones and Kenneth R. Ginsburg
- *Letting Go: A Parents' Guide to Understanding the College Years*, Karen Levin Coburn and Madge Lawrence Treeger
- *Panicked Parents' Guide to College Admissions: Words of Wisdom for Surviving the College Admission Process*, Sally Rubenstone and Sidonia Dalby
- *Parenting the Millennial Generation*, David Verhaagen
- *Parents' Guide to College Life*, Robin Raskin
- *Ready or Not, Here Life Comes*, Mel Levine
- *The Launching Years: Strategies for Parenting from Senior Year to College Life*, Laura Kastner and Jennifer Wyatt
- *The Pressured Child*, Michael Thompson
- *The Procrastinator's Handbook: Mastering the Art of Doing It Now*, Rita Emmett
- *When Hope and Fear Collide: A Portrait of Today's College Student*, Jeanette Cureton and Arthur Levine
- *Worry, Hope and Help for a Common Condition*, Edward M. Hallowell, MD