Pack List for OARS

Saturday:

• 1 pair comfortable close-toed shoes that you don’t mind getting wet
• Comfortable active wear appropriate for the weather
• 1 fleece/wool insulating layer top
• 1 small backpack
• water bottle
• any necessary feminine hygiene items
• necessary meds (if you have an emergency inhaler, an epi pen, or any other medical concerns that could affect your day please check in with your trip leader and bring relevant meds)

Sunday:

• 1 pair comfortable hiking boots/shoes
• Clothing appropriate for spending several active hours outdoors
• Wind/water proof shell top (weather dependent)
• Small backpack
• Water bottle

Recommended:

• Sunscreen/sunglasses
• baseball hat for sun
• camera for pictures

_Smith Outdoor Adventure Program can provide some additional layers to participants who do not have sufficient outdoor ready clothing/footwear but please bring as much of your own gear as possible._