Pack List for Gravity

Saturday:

• 1 pair comfortable close-toed shoes that you don’t mind getting wet
• Comfortable clothes appropriate for the weather that you don’t mind getting wet (*non-cotton*)
• 1 fleece/wool insulating layer top
• Change of clothes/shoes for after kayaking (you will get wet!)
• 1 small backpack
• water bottle
• any necessary feminine hygiene items
• necessary meds (if you have an emergency inhaler, an epi pen, or any other medical concerns that could affect your day please check in with your trip leader and bring relevant meds)

Sunday:

• 1 pair comfortable hiking boots/shoes
• Clothing appropriate for spending several active hours outdoors
• Wind/water proof shell top (weather dependent)
• Small backpack
• Water bottle

Recommended:

• Sunscreen/sunglasses
• baseball hat for sun
• camera for pictures

*Smith Outdoor Adventure Program can provide some additional layers to participants who do not have sufficient outdoor ready clothing/footwear but please bring as much of your own gear as possible.*