Week of September 2nd

Learning Strategies Workshop
Wednesday, September 5, 2018  11am -12 pm
Weinstein Auditorium

The CRSL Welcome Party: Reflect, Resist, Rejuvenate: Wholeness, Spirituality, Religious Diversity and Leadership at Smith College
Thursday, Sept. 6 (time and location TBD) - Dinner (?)

This event will give first years and returning students an opportunity to learn more about CRSL and talk with staff about weekly programs, worship opportunities, services, funding, and student religious organizations. Students will be encouraged to take a building tour. The event is designed as a fun social activity with ice cream and treats intermingled with important information.
Join us for a spiritual Welcome party, first years and all years all welcome! We will introduce our Reflect, Resist, Rejuvenate mission for the year through group activities, and orient you to resources available at the Center of Religious and Spiritual life; including religious resources and organizations, meditation and mindfulness programming, interfaith dialogue, social justice work, and much more. Other campus department who we work with will also be in attendance such as Wellness and the Office of Multicultural Affairs. Ice-cream will be served, so please consider eating dinner before you come, but please don’t arrive later than 6:15. (First years required to be there by 6:15 to qualify for First Year Experience tattoo)

Boathouse Open House
Friday, September 7 3-6 PM
Paradise Pond Boathouse

If you are new to Smith, want some instruction or have never visited the Paradise Pond Boathouse, we will offer boat checkout and instruction from 3-6pm on Friday, September 7 (no registration required). Try a kayak, canoe or stand-up paddleboard!
Shopping 101: College Shopping Event
Holyoke Mall
Saturday, September 8, 2018 10 am to 9:30 pm (normal mall hours)

Students who attend will receive exclusive discounts and offers from a variety of stores and restaurants in the mall. Shopping 101 is the perfect opportunity for students to do some last minute shopping, stock up on essentials, or purchase forgotten items. This event is particularly beneficial to first-year students as it provides them with the opportunity to explore and familiarize themselves with the area.

Climbing Wall Open House
Saturday, September 8 1-4 PM
Ainsworth Gym

If you are new to Smith, want some instruction or have never visited the Ainsworth gym 304 Climbing Wall, we will offer you a quick intro, staff belayers and climbing instruction from 1-4pm on Saturday, September 8 (no registration required). We will cover climbing movement, safety, belaying and other fun aspects of rock climbing! All levels welcome.

Week of September 9th

Get the Scoop at CEEDS
Tuesday, September 11, 3:00-4:00
CEEDS, Wright Hall

Get the scoop while enjoying a scoop of local ice cream* at CEEDS (Center for the Environment, Ecological Design, and Sustainability)! Join us for some fun and games that will help orient you to the many environment-focused ways you can study, work and
play at Smith. *Vegan and gluten-free options will be provided. Run by Emma Kerr and Joanne Benkley. Cap: 30. Tuesday, September 11, 3:00-4:00, CEEDS, Wright Hall.

Wholeness Wednesday in Schacht: Beat the Stress Olympics! Reducing Stress by Time Management & Designing your Wellness Plan with a CHO
Wednesday, September 12 4:15-5:15
CC 205

Green Drinks on the Green Roof
Thursday, September 13, 4:15-5:15
Ford Hall, Pearshall Seasons Room

Did you know that Ford Hall has a green roof? Join us to check out the plants, and the view, and to hear about sustainability across Smith’s buildings. Staff from CEEDS (Center for the Environment, Ecological Design, and Sustainability) will lead a conversation about sustainability while we enjoy mocktails and tasty snacks*. *Vegan and gluten-free options will be provided. Cap: 20.

FYE: Study Abroad Talk Back Teas
Friday, September 14 4:00 pm – 5:00 pm
Lewis Global Studies Center Lounge, Wright Hall

First-year students are encouraged to come and hear from recently returned study abroad students about their experiences. Not only will the returned study abroad students talk about their “journey” of getting ready to study abroad, they’ll also reflect on their experiences while abroad as well as the impact study abroad has made on their future. A wide variety of study abroad experiences will be represented.

Whitewater Rafting
Saturday, September 15, 9 AM - 4 PM  
Paradise Pond Boathouse

Join us for a class II-III whitewater rafting trip down the scenic Deerfield River valley! Meet at 9am at the Pond Boathouse-return by 4pm. We provide guides, rafts and all equipment. No experience necessary. *Preregistration required. 11 students max.

Week of September 16th

Getting Dirty with the Botanic Garden  
Sunday, September 16 4:30-5:30pm  
Lyman Plant House

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short tour and plant propagation activity

Study Abroad Fair  
Tuesday, September 18 11:00-2:00  
Chapin Lawn

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Wholeness Wednesday: Wholeness Night in Mwangi  
Wednesday, September 19 6-8 PM  
Mwangi

Collaboration with Wellness and Mwangi and the Botanical Gardens
This event is specifically for First Years of Color. We will be exploring different ways to maintain our wholeness while on a predominately white campus. We will be exploring themes such as sleep, relationship and finding our purpose.

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Event for students of color and International students
Wednesday, September 19th 6:00 - 8:00 p.m.
Mwangi Cultural Center and Capen Garden
Hosted by Office of Multicultural Affairs, the Botanic Garden, and the Schacht Wellness Center

Start your semester with a thriving mindset. Visit the Mwangi Cultural Center for a night of wellness education and environmental connections! Begin the evening with an introduction to wellness, then attend a tour of Capen Garden with examples of ways people of color have reclaimed environmental spaces. The event will conclude with Zumba, a DIY activity in the garden, time to develop a personal wellness chart, and plenty of opportunities to build community.

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Workshops for Academic Success
Monday, September 20, 2018 12-1pm
Seelye Hall Room 312

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Walking the Walk: A Sustainability Tour of Smith
Thursday, September 20, 4:15-5:15
starts and ends at CEEDS in Wright Hall

Take a tour of Smith with students and CEEDS staff. Hear about green buildings and some of our exciting initiatives and learn how you too can be a sustainable Smithie! We'll enjoy refreshments* together at CEEDS at the end of the tour. *Vegan and gluten-free options will be provided. Cap: 35.

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Getting Dirty with the Botanic Garden
Friday, September 21 4:30-5:30pm
Lyman Plant House

short tour and plant propagation activity

Week of September 23rd
Wholeness Wednesday: Craft and Meet a New Face
Wednesday, September 26 4:15-5:15
Chapin Lawn pending space approval and weather

This will be an opportunity to do some crafts and meet a few new faces. Don't get stuck with only the people you met in the first few weeks. Crafting is a great opportunity to connect with someone new.

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Wholeness Wednesdays: The Early Bird Secures the Bag
Wednesday, September 26 7-8 PM
Mwangi

This workshop in partnership with the Conway Center, Mwangi and Wellness Services is specifically for First Years of Color interested in exploring financial wellness.

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FYE: Study Abroad Talk Back Teas
Friday, September 28; 4:00 pm – 5:00 pm
Lewis Global Studies Center Lounge, Wright Hall

First-year students are encouraged to come and hear from recently returned study abroad students about their experiences. Not only will the returned study abroad students talk about their “journey” of getting ready to study abroad, they’ll also reflect on their experiences while abroad as well as the impact study abroad has made on their future. A wide variety of study abroad experiences will be represented.

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Celebrate Wholeness! Body Positivity Photoshoot
Saturday, September 29 11am-2pm
Starts in Ainsworth 304

In celebration of diversity, inclusion and all bodies, we will be hosting the second body positive wholeness photoshoot. More information to come but this event is fun, and is meant to celebrate our individuality as Smithies and emphasize all of the identities and
abilities we hold belong at Smith College.

Week of October 7th

Weekness Wednesday in Schacht: Beat the Stress Olympics! Reducing Stress by Time Management & Designing your Wellness Plan with a CHO
Wednesday, October 10 12 PM
CC 205

FYE: Why Study Abroad – Perspectives from Faculty
Friday, October 12 4:00 pm – 5:00 pm
Lewis Global Studies Center Lounge, Wright Hall

Want to know why faculty think it is important to study abroad? Are you curious to better understand how studying abroad can enhance your studies at Smith? If so, please consider attending this tea to hear from faculty from different academic departments and fields of study as they discuss recommended courses to take prior to studying abroad as well as how to map out your degree and major requirements to include study abroad.

Future and TBD

FYE: Why Study Abroad – Perspectives from Faculty
Friday, November 7; 4:00 pm – 5:00 pm
Lewis Global Studies Center Lounge, Wright Hall

Want to know why faculty think it is important to study abroad? Are you curious to better understand how studying abroad can enhance your studies at Smith? If so, please consider attending this tea to hear from faculty from different academic departments and fields of study as they discuss recommended courses to take prior to studying
abroad as well as how to map out your degree and major requirements to include study abroad.

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FYE: Connecting the Global Dots – Co-curricular opportunities to enhance the Smith global experience
Friday, November 16; 12:00 pm – 1:00 pm
Lewis Global Studies Center Lounge, Wright Hall

This session will provide students with the opportunity to learn how other areas of campus can help students enhance their global experience. Representatives from various centers and offices will speak about how career opportunities, service and community engagement, summer/j-term study abroad, funding for international experiences can enhance and strengthen a student’s preparation for study abroad.

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Wholeness Rave/Music Festival
Date/location TBD

Fun Music Festival!