Your answers to the following questions will inform the content of your Committee Letter, help members of the Board of Health Professions Advisors better understand and advise you, and establish the foundation of your primary application. Providing thorough and thoughtful responses now will be a worthwhile investment of your time and effort.

All of your responses to the prompts provided below will be included on this Word document – add pages to this document as needed to accommodate your information. NOTE: your responses are first drafts and are not expected to be polished final products.

1. Autobiographical / Personal Statement (maximum length: 1-2 single-spaced pages)

Please provide a statement that includes any significant information about you that may be of interest to an admissions committee and help them understand your values, passions and goals. Topics may cover, but are not limited to: reflecting on significant life experiences (including shadowing or clinical experiences); family or cultural background; your values; the lessons learned from facing and overcoming a challenge (or failing in the process); etc. Examples of situations or events are more compelling – i.e. “Show, don’t tell.” You should also incorporate the origins of your interest in your chosen healthcare profession, your motivation for helping others, and why you are pursuing this career path at this time.

<Start Statement #1 at X below>

X…………….

2. Most Meaningful Experience Statements (maximum length: 350 words each)

Select five activities total from the information you provided in your online Pre-application in the sections labeled Extracurricular, Research, Clinical, Volunteer, or Job Experiences. Provide a title or label for each entry selected and articulate the following:

a) How much time you spent on the activity
b) Your responsibilities and accomplishments (or failures)
c) the significance or transformative nature of the experience
d) the personal growth you gained during each
e) the Core Pre-Professional Competencies you demonstrated during the experience
f) how you will apply the insight or lessons learned to your time as a student in a health professions program and as a practitioner in the future.

<Start Statement #2 at X below>

X…………….
3. IF you feel as though your academic record overall or in the sciences in not a true reflection of your abilities, please explain. (maximum length: 350 words)

<Start Statement #3 at X below>

X…………………………

4. Example of Teamwork (maximum length: 350 words)

Describe a time or situation where you were not or could not be the leader. What was your role within the team? What did you learn from that experience? Would you do anything differently in the future if you found yourself in a similar situation?

<Start Statement #4 at X below>

X…………

5. Example of Cultural Competence or Cultural Humility (maximum length: 350 words for each prompt that is pertinent to your background – not all will apply to you)

Describe an experience interacting with people who are different from you or adhere to a different set of linguistic/socio-cultural norms (this can be situated domestically or internationally). What did you learn about yourself from the interaction? Were your attitudes or beliefs challenged or changed in some way by the exchange? How will the lessons learned influence your healthcare practice?

If you grew up speaking a language/s other than English, or have studied another language/s formally or informally, name the language/s, briefly describe your background and experience, and include your level of ability per modality (e.g. elementary reading & writing, advanced speaking, etc.) How has this language/s shape your world view? How might knowledge of this language/s influence your interactions with patients when you are a healthcare practitioner?

If you have had limited opportunity to experience different cultures or work/serve diverse populations, explain how you plan to develop skills and experiences that will contribute to your cultural competence or cultural humility as a healthcare provider.

<Start Statement #5 at X below>

X………………

6. Articulate the value of your liberal arts education in terms of preparing you for a career in your chosen healthcare profession. (maximum length: 350 words)

<Start Statement #6 at X below>

X………………

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7. **Preparedness to apply. (maximum length: 350 words)**

At this point in time, what factors make you the best possible candidate for your chosen healthcare profession program?

<Start Statement #7 at X below>

X………………

8. **Plan B**

If you don’t get into the health profession school of your choice, what will you do? How are you preparing for this possibility? (maximum length: 350 words)

<Start Statement #8 at X below>

X………………