

WHO WE ARE: YOUR CENTER FOR HEALTH, WELLNESS, & WHOLENESS.

We are a team of healthcare professionals dedicated to helping all students stay healthy and whole. We see students of all genders and identities for medical, counseling, and wellness education sessions. In addition, we offer fun, informative workshops on a broad range of topics throughout the year.

Medical Services:

Doctors, nurse practitioners and nurses provide routine health and wellness care such as sports and travel physicals; general check-ups; clearance exams for volunteer work or internships; reproductive and sexual health exams; contraception; related health education. We also provide problem-oriented care for sickness and injuries.

We have a lab on site.

Counseling Services:

Our mental health counselors and psychiatrists provide ongoing private and group counseling to support mental health needs and medication management as appropriate.

Wellness Education:

Our wellness team has a comprehensive program to help students live full balanced happy lives. There are opportunities for individual advice on alcohol education, smoking cessation, and other health concerns. Students may schedule a consultation with our nutritionist.

WHERE WE ARE & HOW TO REACH US

Schacht Center for Health and Wellness

21 Belmont Avenue (adjacent to Scott Gym)

Regular Hours: Monday - Friday 8:30am-5:00pm

Main Number: 413-585-2800

Medical Appointments: 413-585-2250 Counseling Appointments: 413-585-2840 Wellness Appointments: 413-585-3347

AFTER HOURS & WEEKENDS: Medical Help: 413-585-1260 Counseling Help: 413-585-2840

Find us on the web: www.smith.edu/health Email: healthservices@smith.edu

Fast Facts for ALL Students

1. **We can take care of most medical & mental health needs here on campus - free and confidentially.**
2. There is no office visit charge to be seen at the medical or counseling service (See below regarding insurance).
3. All care is confidential (Exception: life-threatening, dangerous emergencies).
4. We communicate with you through our patient portal. You will be notified by email that you have a secure message - then log onto the patient portal to read the message (www.smith.edu/health/medicat.html).
5. **We can help 24/7! Even if we are closed!** If you are sick or injured and need medical advice or care, you can reach a nurse or counselor to help you.
6. Some appointments can be booked online in the patient portal (www.smith.edu/health/medicat.html).
7. Campus Police can provide urgent transportation for sick or injured students.
8. Wellness brings super programs to you, has drop-in hours, and meets with students by appointment.
9. Same day and next day appointments are available. Crisis appointments are available.
10. **Pre-Register at Cooley Dickinson Hospital 413-582-2800 before having any tests or lab work.**
(See reverse side for instructions for obtaining your insurance card/ID number).

HELPFUL CONTACTS and TELEPHONE NUMBERS:

Main Number: 413-585-2800

After Hours/Weekend Nurse: 413-585-1260

After Hours/Weekend Counseling: 413-585-2840

Campus Police: 413-585-2490

Gallagher Student Health www.gallagherstudent.com/smith or 1-800-456-3753

Cooley Dickinson Hospital Urgent Care Clinic: 30 Locust Street, Northampton 413-582-2330

Smith College Health Insurance Plan

On Campus Health Care

- **The Smith College Insurance Plan covers your on-campus office visits and most lab tests and vaccines without charge.**

Off Campus Care

- Visits with community providers or specialists are covered by Smith insurance (\$10 copay/in-network).
- There are co-pays (\$15/\$30/\$50) for most prescription medications. There is no co-pay for most generic contraception.
- Yearly eye exams are covered, glasses are not.
- Routine dental care is not covered.
- Yearly deductible: \$150 for in-network services; and \$300 for out-of-network services - may be applied to lab work and tests.
- Emergency Room visits (without admission) have a \$250 charge after insurance coverage. Go to Urgent Care first, if possible.
- Urgent Care copays are \$10 per visit. If radiology and labs are done, they are subject to a \$150 annual deductible.

Pharmacies Nearby

- Serio's Pharmacy 68 State Street, Northampton 413-584-8980
- CVS Pharmacy 90 Main Street, Northampton 413-584-2580

Insurance Cards

- To print a copy of your verification letter:
 1. Go to www.gallagherstudent.com/smith
 2. On the left toolbar, click 'Account Home'
 3. Log in to your account.
 4. You will be redirected to the "Account Home" page, then click on 'Verification Letter' under 'Coverage History'.
- To request a copy of your BCBS Student Blue Insurance card, call 800-456-3753, option 3. You will receive your ID card in approximately one week.

What If I Don't Have Smith Insurance?

- You can still be seen on campus at The Schacht Center for Health and Wellness.
- Medical, Mental Health, and Wellness Service appointments are available free of charge to all students.
- **MOST** care at The Schacht Center is free of charge.
- There are charges for vaccines, labs, and supplies, which may not be covered by private insurance.
- Any charges incurred will be billed to your student financial account. We will mail a claim form to your campus mailbox which you will need to submit to your insurance company.
- **Check with your plan regarding in-network local coverage.**
- **Students are responsible for any charges not covered by their plan.**