Coverage for: Individual and Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, see

www.planinfo.bluecrossma.com/customblue/2026/smithcollege.. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>bluecrossma.org/sbcglossary</u> or call **1-800-782-3675** to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0 in-network; \$400 member / \$800 family out-of-network.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. Emergency room, emergency transportation, and durable medical equipment.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	Yes. \$100 member / \$200 family for Prescription drugs.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$3,000 member / \$6,000 family in- network; \$3,000 member / \$6,000 family out-of-network. Prescription drugs: \$3,000 member / \$6,000 family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	<u>Premiums</u> , <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>bluecrossma.com/findadoctor</u> or call the Member Service number on your ID card for a list of <u>network</u> <u>providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

Common Medical Event		What You Will Pay		
	Services You May Need	In-Network (You will pay the least)	Out-of-Network (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$35 / visit	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; family or general practitioner, internist, OB/GYN physician, pediatrician, geriatric specialist, nurse midwife, limited services clinic, multi- specialty provider group, or by a physician assistant or nurse practitioner designated as primary care; a telehealth <u>cost share</u> may be applicable
	<u>Specialist</u> visit	\$45 / visit; \$35 / chiropractor visit; \$45 / acupuncture visit	20% <u>coinsurance;</u> 20% <u>coinsurance</u> / chiropractor visit; 20% <u>coinsurance</u> / acupuncture visit	<u>Deductible</u> applies first for out-of- network; includes physician assistant or nurse practitioner designated as specialty care; limited to 12 chiropractor visits per calendar year; limited to 20 acupuncture visits per calendar year; a telehealth <u>cost share</u> may be applicable
	Preventive care/screening/immunization	No charge	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; limited to age-based schedule and / or frequency; <u>cost</u> <u>share</u> waived for at least one mental health wellness exam per calendar year; a telehealth <u>cost share</u> may be applicable. You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network (You will pay the least)	Out-of-Network (You will pay the most)	Limitations, Exceptions, & Other Important Information
	<u>Diagnostic test</u> (x-ray, blood work)	No charge	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; <u>pre-authorization</u> may be required
If you have a test	Imaging (CT/PET scans, MRIs)	No charge	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; <u>pre-authorization</u> may be required
If you need drugs to treat	Generic drugs	Retail <u>(</u> 30-day supply): \$10 <u>copay</u> Mail Order (90-day supply): \$20 <u>copay</u>	Not covered	<u>Deductible</u> applies first
your illness or condition  More information about	Preferred brand drugs	Retail <u>(</u> 30-day supply): \$30 <u>copay</u> Mail Order (90-day supply): \$60 <u>copay</u>	Not covered	<u>Deductible</u> applies first
prescription drug coverage is available at www.optumrx.com	Non-preferred brand drugs	Retail <u>(</u> 30-day supply): \$50 <u>copay</u> Mail Order (90-day supply): \$100 <u>copay</u>	Not covered	<u>Deductible</u> applies first
	Specialty drugs	Retail (30-day supply): Varies \$10 / \$30 / \$50 <u>copay</u>	Not covered	<u>Deductible</u> applies first
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$300 / admission	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; <u>pre-authorization</u> required for certain services
	Physician/surgeon fees	No charge	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; <u>pre-authorization</u> required for certain services
If you need immediate medical attention	Emergency room care	\$250 / visit	\$250 / visit; <u>deductible</u> does not apply	<u>Copayment</u> waived if admitted or for observation stay
	Emergency medical transportation	No charge	No charge	None
	<u>Urgent care</u>	\$35 / visit	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; a telehealth <u>cost share</u> may be applicable

Common Medical Event	Services You May Need	What You Will Pay		
		In-Network (You will pay the least)	Out-of-Network (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have a hospital stay	Facility fee (e.g., hospital room)	\$350 / admission	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; <u>copayments</u> not to exceed \$1,000 per calendar year for all inpatient admissions; <u>pre-</u> <u>authorization</u> / authorization required for certain services
	Physician/surgeon fees	No charge	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; <u>pre-authorization</u> / authorization required for certain services
If you need mental health	Outpatient services	\$35 / visit	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; a telehealth <u>cost share</u> may be applicable; <u>pre-authorization</u> required for certain services
If you need mental health, behavioral health, or substance abuse services	Inpatient services	\$350 / admission	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; <u>copayments</u> not to exceed \$1,000 per calendar year for all inpatient admissions; <u>pre-</u> <u>authorization</u> / authorization required for certain services
	Office visits	No charge	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of-
If you are pregnant	Childbirth/delivery professional services	No charge	20% <u>coinsurance</u>	network; <u>copayments</u> not to exceed \$1,000 per calendar year for all
	Childbirth/delivery facility services	\$350 / admission	20% <u>coinsurance</u>	inpatient admissions; cost sharing does not apply for in-network preventive services; maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound); a telehealth cost share may be applicable

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network (You will pay the least)	Out-of-Network (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need help recovering or have other special health needs	Home health care	No charge	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; <u>pre-authorization</u> required for certain services
	Rehabilitation services	\$35 / visit for outpatient services; \$350 / admission for inpatient services	20% <u>coinsurance</u> for outpatient services; 20% <u>coinsurance</u> for inpatient services	Deductible applies first for out-of- network; limited to 60 outpatient visits per type of therapy per calendar year   (other than for autism, Down   syndrome, home health care, and   speech therapy); limited to 60 days   per calendar year for inpatient   admissions; copayments not to   exceed \$1,000 per calendar year for   all inpatient admissions; a telehealth   cost share may be applicable; pre-   authorization required for certain   services
	<u>Habilitation services</u>	\$35 / visit	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; outpatient rehabilitation therapy coverage limits apply; <u>cost</u> <u>share</u> and coverage limits waived for early intervention services for eligible children; a telehealth <u>cost share</u> may be applicable
	Skilled nursing care	\$350 / admission	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; limited to 100 days per calendar year; <u>copayments</u> not to exceed \$1,000 per calendar year for all inpatient admissions; <u>pre-</u> <u>authorization</u> required
	<u>Durable medical equipment</u>	No charge	No charge	None
	Hospice services	No charge	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; <u>pre-authorization</u> required for certain services

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network (You will pay the least)	Out-of-Network (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Children's eye exam	\$35 / visit	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; limited to one exam per calendar year
If your child needs dental	Children's glasses	Not covered	Not covered	None
or eye care	Children's dental check-up	No charge for members with a cleft palate / cleft lip condition	20% <u>coinsurance</u> for members with a cleft palate / cleft lip condition	<u>Deductible</u> applies first for out-of- network; limited to members under age 18

#### **Excluded Services & Other Covered Services:**

#### Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Children's glasses

Dental care (Adult)

Cosmetic surgery

Long-term care

Private-duty nursing

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Acupuncture (20 visits per calendar year)
- Bariatric surgery
- Chiropractic care (12 visits per calendar year)
- Hearing aids (\$2,000 per ear every 36 months)
- Infertility treatment
- Non-emergency care when traveling outside the U.S.
- Routine eye care adult (one exam per calendar year)
- Routine foot care (only for patients with systemic circulatory disease)
- Weight loss programs (\$150 per calendar year per policy)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a> and the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="www.cciio.cms.gov">www.cciio.cms.gov</a>. Your state insurance department might also be able to help. If you are a Massachusetts resident, you can contact the Massachusetts Division of Insurance at 1-877-563-4467 or <a href="www.mass.gov/doi">www.mass.gov/doi</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="Health Insurance Marketplace">Health Insurance Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596. For more information about possibly buying individual coverage through a state exchange, you can contact your state's <a href="marketplace">marketplace</a>, if applicable. If you are a Massachusetts resident, contact the Massachusetts Health Connector by visiting <a href="www.mahealthconnector.org">www.mahealthconnector.org</a>. For more information on your rights to continue your employer coverage, contact your <a href="maintended">policy plan</a> sponsor is usually the member's employer or organization that provides group health coverage to the member.)

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, call 1-800-782-3675 or contact your <u>plan</u> sponsor. (A <u>plan</u> sponsor is usually the member's employer or organization that provides group health coverage to the member.)

#### Does this plan provide Minimum Essential Coverage? Yes.

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

## Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

**Disclaimer:** This document contains only a partial description of the benefits, limitations, exclusions and other provisions of this health care <u>plan</u>. It is not a policy. It is a general overview only. It does not provide all the details of this coverage, including benefits, exclusions and policy limitations. In the event there are discrepancies between this document and the policy, the terms and conditions of the policy will govern.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network prenatal care and a hospital delivery)

■ The plan's overall deductible	\$0
■ Delivery fee copay	\$0
■ Facility fee copay	\$350
■ Diagnostic tests copav	\$0

#### This EXAMPLE event includes services like:

<u>Specialist</u> office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
<u>Diagnostic tests</u> (ultrasounds and blood work)
<u>Specialist</u> visit (anesthesia)

<b>Total Example Cost</b>	\$12,700
In this example, Peg would pay:	
Cost sharing	
<u>Deductibles</u> *	\$10
Copayments	\$400
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$470

#### Managing Joe's Type 2 Diabetes (a year of routine in-network care of a wellcontrolled condition)

■The plan's overall deductible	\$0
■ Specialist visit copay	\$45
■ Primary care visit <u>copay</u>	\$35
■ Diagnostic tests copay	\$0

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)
<u>Diagnostic tests</u> (blood work)
Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

**Total Example Cost** 

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In this example, Joe would pay:	
<u>Cost sharing</u>	
<u>Deductibles</u> *	\$100
<u>Copayments</u>	\$1,200
Coinsurance	\$0
What isn't covered	•
Limits or exclusions	\$20
The total Joe would pay is	\$1,320

\$5,600

#### Mia's Simple Fracture

(in-network emergency room visit and follow-up care)

■The plan's overall deductible	\$0
■ Specialist visit copay	\$45
■ Emergency room copay	\$250
■ Ambulance services copav	\$0

#### This EXAMPLE event includes services like:

<u>Emergency room care</u> (including medical supplies)
Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches) <u>Rehabilitation services</u> (physical therapy)

**Total Example Cost** 

Total Example 000t	Ψ2,000
In this example, Mia would pay:	
<u>Cost sharing</u>	
<u>Deductibles</u> *	\$0
Copayments	\$400
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$400

<sup>\*</sup>Note: This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.

\$2,800