

09-231b Narrative Approaches in Family Therapy – 6 Hour Seminar

Beth Prullage, L.I.C.S.W.

Saturday, June 20, 2009 9:00 a.m. – 4:00 p.m.

Course Description

In this workshop, participants will be introduced to Narrative Therapy, a theoretical perspective popularized in the 1990s that has been applied to work with families, individuals and groups. Participants will observe a demonstration interview, will practice narrative techniques in small groups, and will discuss the application of the ideas to their own work with clients. The instructor will also provide practice examples from her own work with diverse populations in a range of clinical settings.

Faculty: Beth Prullage, L.I.C.S.W. – has studied with Michael White and the Dulwich Centre teaching faculty, Adelaide, Australia; Post-Graduate Diploma in Narrative Therapy in 2003.

Learning Objectives

1. Participants will learn the fundamental theoretical concepts of Narrative Therapy.
2. Participants will practice Narrative techniques, including externalizing conversations and re-authoring conversations.
3. Participants will discuss applications of Narrative practice to their own work.

References

- Madsen, W.C. (2007). *Collaborative Therapy with Multi-Stressed Families: Second Edition*. New York: Guilford Press.
- Morgan, A. (2000). *What is Narrative Therapy?: An Easy-to-Read Introduction*. Adelaide, South Australia: Dulwich Centre Publications.
- White, M. (2007). *Maps of Narrative Practice*. New York: W.W. Norton.
- White, M. & Epston, D. (1990). *Narrative Means to Therapeutic Ends*. New York: W.W. Norton.