

09-212b A Family Therapy Approach to Divorce and Remarriage
6 Hour Seminar

Charlotte Spiegelman, L.C.S.W.
Thursday, June 18, 2009 9:00 a.m. – 4:00 p.m.

Course Description

This workshop will look at divorce and remarriage as crises leading to reconfigurations rather than to endings of family relationships. It will provide a systemic model for helping families negotiate change while maintaining connections. Practical clinical techniques will be taught using case material brought by presenter and participants.

Faculty: Charlotte Spiegelman, L.C.S.W. – Private Practice, Los Angeles, Adjunct Faculty: Smith College School for Social Work, University of Southern California School of Social Work, Southern California Counseling Center.

Learning Objectives

1. To provide a new framework for understanding the dilemmas and adjustments in families navigating the territory of divorce and remarriage;
2. To learn to use the family as an ally in helping children adjust and move forward;
3. To learn clinical skills which will help clients create “expanded” rather than “broken” families.

References

- Ahrons, C. (1999) Divorce: An Unscheduled Family Transition, in Carter, B. & McGoldrick M. (Eds.), *The Expanded Family Life Cycle: Individual, Family and Social Perspectives, Third Edition*, Needham Hills, MA: Ally & Bacon, 381-398
- Bray, J. H. (1993), Becoming a Stepfamily: Developmental Issues for New Stepfamilies, *The Family Journal*, Vol. 1, pages 272-275.
- Kaslow, F. (1995) The Dynamics of Divorce Therapy, in Mikesell, R., Lusteran, D-D and McDaniel, S. (Eds.) *Integrating Family Therapy: Handbook of Family Psychology*