

08-222b The Legacy of Developmental Trauma: Treating Complex Trauma in Adolescents and Families—6 Hour Seminar

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Friday, June 20, 2008 9:00 a.m. – 4:00 p.m.

Learning Objectives

1. To discuss the impact and legacy of developmental trauma on attachment, biology, executive functioning, self-regulation, self concept, social skills, and family life.
2. To demonstrate the cumulative and synergistic effects of both risk and resilience on development.
3. To describe relational, self-soothing, attachment-narrative, and multi-systemic intervention strategies.
4. To identify techniques that build competence, creativity, commitment and connection.

Selected References

- Dallos, R. (2006). *Attachment narrative therapy*. NY: Open University Press.
- Hughes, D. (2007). *Attachment-focused family therapy*. NY: Norton.
- Kagan, R. (2004). *Rebuilding attachments with traumatized children*. NY: Haworth.
- Lewis, T., Amini, F., & Lannon, R. (2001). *A general theory of love*. NY: Random House.
- Marold, D. (1998). Into the haunted house of mirrors: The treatment of multiply traumatized adolescents. In B. Rossman & M. Rosenberg (Eds.), *Multiple victimization of children: Conceptual, developmental, research and treatment issues* (pp. 253-272). NY: Haworth.
- Solomon, M., & Siegel, D. (Eds.) (2003). *Healing trauma: Attachment, mind, body, and brain*. NY: Norton.
- Stien, P., & Kendall, J. (2004). *Psychological trauma and the developing brain*. NY: Haworth.
- Straus, M. (2007). *Adolescent girls in crisis: Intervention and hope*. NY: Norton.
- Taffel, R. (2005). *Breaking through to teens: A new psychotherapy for the new adolescence*. NY: Guilford