

Col. Carl Castro, Ph.D. – Fort Detrick, MD

Col. Castro was most recently appointed Director of Military Operations, Medicine Research Program, Headquarters, US Army Medical Research and Materiel Command, Fort Detrick, Maryland. He formerly served as the chief of military psychiatry at the Walter Reed Army Institute of Research, and was the Commander of the U.S. Army Medical Research Unit-Europe in Heidelberg, Germany. In addition to serving in multiple deployments to Bosnia, he has been chief and program manager of several different medical research programs. He is a graduate of Wichita State University and holds an M.A. and Ph.D. in psychology from the University of Colorado. He is the author of over 50 scientific publications, including a major study published in the *New England Journal of Medicine*. The study, which involved 6,200 soldiers and Marines and was conducted by a team at the Walter Reed Army Institute of Research, is the first attempt to understand the psychological effects of a U.S. war while it is ongoing. Most of the participants were screened within three or four months of returning from battle. The result, *Combat Duty in Iraq and Afghanistan, Mental Health Problems, and Barriers to Care* (Charles W. Hoge, M.D., Carl A. Castro, Ph.D., Stephen C. Messer, Ph.D., Dennis McGurk, Ph.D., Dave I. Cotting, Ph.D., and Robert L. Koffman, M.D., M.P.H.) is a seminal study in the effects of combat on mental health.