

Barbara Romberg, Ph.D. – Founder of Give An Hour
(*Give an Hour is the conference co-sponsor*)

Dr. Barbara Romberg is the founder and executive director of *Give an Hour* a nonprofit organization dedicated to developing a national network of volunteers to respond to acute and chronic needs within our society. The military's insurance plan is paying less money for soldiers to see a therapist or psychiatrist at a time when more of them need help coping with the psychological effects of war. *Give an Hour* has established a national network of mental health professionals who are reaching out to the first target population, the U.S. troops and families affected by the current military conflicts in Afghanistan and Iraq. The mental health professionals who join the program give an hour of their time each week to provide free mental health services to military personnel and their families.