Families and Work Institute invites you to join Ellen Galinsky in a game-changing, interactive session about the skills adults and children need in order to succeed in the 21st century.

For almost a decade, Galinsky has worked with top researchers from across the country, filming their experiments and studying their results how we learn best. In her recently released highly acclaimed book, MIND IN THE MAKING (Harper Collins 2010), she identifies seven life skills that are essential to success—in school, the workforce and in life.

The seven essential skills are:

1. Focus and Self Control
2. Perspective Taking
3. Communicating
4. Making Connections
5. Critical Thinking
6. Taking on Challenges
7. Self-Directed Engaged Learning

Mind in the Making has reached an audience of more than 512 million people since its publication in April of 2010. It has been listed as the number one parenting book on Amazon.com, and continues to receive rave reviews. As Today show contributor Michele Borba said: “[Ellen Galinsky’s] latest book... just put her in the ‘Child Development Expert Hall of Fame.’ And Lisa Belkin of the New York Times said: “It may well be the next iconic parenting manual, up there with Spock and Leach and Brazelton, one that parents turn to for reassurance that all is more or less okay, reminders of how to make it better and glimpses of what’s to come.”

In her presentation, Ellen will use an interactive approach that is based on research-based principles of adult learning. Participants will be engaged in direct experiences that help them think about their own learning in relation to the seven essential skills. They will see videos of researchers “in action” sharing studies on the same topic, and they will be able to apply what they have learned to their own lives.