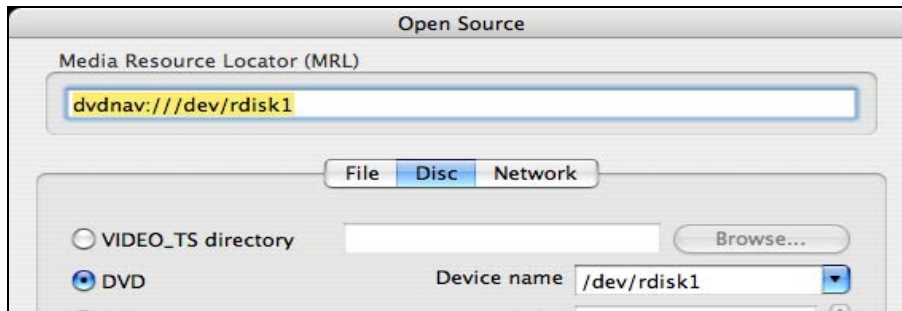
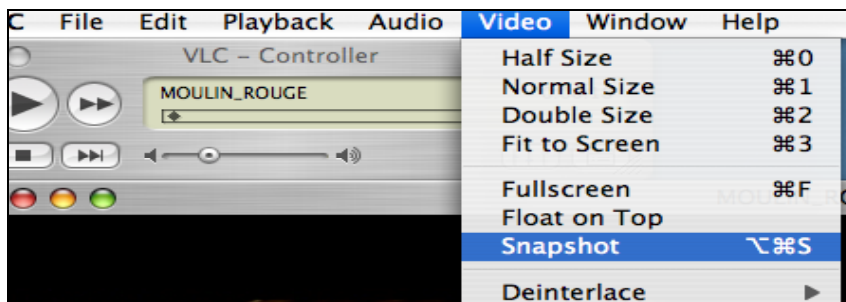


Capturing an Image from a DVD

1. Insert a DVD into the computer's CD-ROM drive.
2. If VLC doesn't open automatically, quit the DVD player.
3. Open VLC
 - a. Mac: orange cone in the dock or in the Applications folder
 - b. PC: All Programs -> Multimedia Tools folder -> VLC
4. Go to File -> Open Disc. Make sure DVD is checked and then click OK. The DVD should begin to play.



5. Cue up the movie to the scene that you want to capture and then press pause.
6. Go to Video -> Snapshot



7. A file will be created called vlcsnap#####.png
 - a. Mac: on the desktop.
 - b. PC: in C:\users\Smith\My Pictures

This will be an image file of the scene from the video.



8. You can open the .png file in Photoshop to edit or save as a different format or insert in Word/PowerPoint (Insert -> Picture -> From File).