

Ada Comstock Handbook & Reference Guide



2010-2011

THE ADA PROGRAM

www.smith.edu/ada

The Smith College Ada Comstock Scholars Program combines rigorous academic challenges at Smith with flexibility for women beyond the traditional college age. In the fall of 2010, over 125 Ada Comstock Scholars will be enrolled at Smith; the overall student population is more than 2500. The Adas are a remarkable and diverse group of women. They range in age from their 20s to their mid-60s; some are single, some are married. Most arrive having earned between 32 and 64 transferable college credits in liberal arts courses.

The program provides various options: reduced course loads, special academic advising, career counseling and diverse housing options. Financial aid for educational expenses is available to each woman with demonstrated need.

ADA COMSTOCK SCHOLARS

The office of the Ada Comstock Scholars is located with the other class deans in College Hall 4. If you have an academic concern or a personal issue and don't know where to turn, Erika Laquer and the staff in the class dean's office will do their best to find a solution or will direct you to the appropriate person or office.

Erika Laquer, Class Dean

Erika directs the Ada Comstock Program and serves as class dean. Erika's main concern is the academic welfare of each member of the Ada class. As class dean, Erika provides counseling about academic matters; i.e. transfer credit, fulfilling course requirements, graduation status, and exceptions to academic rules. Students call on her when they need extensions on work and when they experience emergencies that impact their academic life. Another class dean can advise you when she is not available. A graduate of Bryn Mawr College, another women's college, Erika earned a Ph.D. in medieval history. She has taught at various colleges and done administrative work in different locales for many years.

Erika can be reached: College Hall 4, (413) 585-4980
Monday through Friday, 8:30-4:30 pm
Summer hours: Mon – Fri, 8:00-4:00 pm

Appointments to see her can be scheduled by calling (413) 585-4980. Erika holds drop-in hours every Wednesday from 1:30 p.m. until 3:00 p.m. and Friday 11 a.m. until noon. Drop-in hours are on a first-come, first-served basis. Her e-mail address is elaquer@email.smith.edu

Sidonia Dalby, *Ada Comstock Scholars Advisor*

You may remember Sid from the Admissions Office. This year she will step into a new role as the Ada Advisor. We will have more information on her position as the summer unfolds. Her email address is sdalby@smith.edu

THE ADA COMSTOCK CLASS

Class Designation

Regardless of whether you are a first year Ada, sophomore, junior, or senior, you are a member of the Ada Comstock class.

- ◆ Class Designation is 'AC'
- ◆ Does not matter how many credits you have earned

Upon entering your final year at Smith, you have dual membership in the Ada Comstock class and the senior class.

- ◆ Class Designation becomes 'AC' plus the year of graduation (i.e., for seniors this year: AC '10)
- ◆ Important: put these letters after your name on all official college correspondence

Ada Comstock Class Constitution

Class Constitution was written in 1983.

- ◆ Revised several times, most recently in 2001
- ◆ Copies available in Hopkins and by request from the Ada co-presidents.

Ada Class Meetings

- ◆ Held during the first month of each semester
- ◆ Meet your class officers
- ◆ Participate in discussions and votes pertaining to the Ada class
- ◆ You are strongly urged to attend these meetings. Meeting times are announced via email and posted on the Ada bulletin boards in Hopkins and the Ada blog.

Ada Student Cabinet

- Elections for the Ada student cabinet are held each spring.
- Positions not filled are posted for fall elections, which are held at the required all-class meeting in September.
- All Adas can vote for their choices of cabinet members.
- The elected members represent you and your voice in the Smith community.

See the September issue of The Comstock Lode for a list of the 2010-11 Cabinet members. Job descriptions appear in the Ada Class Constitution. Please participate in student government. It benefits both the Ada class and the entire Smith community.

SPECIAL ADA ACTIVITIES

Peer Adviser Program

This program was developed to assist entering Adas with their transition to life at Smith College and Northampton. The program is operated by current Adas who are paired with one or more entering Adas, providing new Adas an opportunity to become connected to the Ada community before classes begin. Peer Advisers are available to answer questions ranging from logistical issues to basic academic concerns. During orientation, there is a lunch for everyone to meet.

Ada Picnic

The Ada picnic is a class-sponsored event which takes place shortly after classes begin in September. It's a fun get-together for Adas and their families.

Ada Luncheons and Teas

Held every semester, lunches and teas are another way for Ada Comstock Scholars to meet each other. The Ada office subsidizes the cost of the Fall Luncheon for a meal together and a unique opportunity to meet other Adas. If there is interest, a bus trip to New York City is another chance to have fun with other Adas.

Faculty Wine and Cheese Parties

This informal and unique social gathering held once each semester is an opportunity for Adas to become better acquainted with their professors. Since

Adas provide the food, it gives you a better chance to dazzle faculty and classmates with your culinary expertise!

Senior Celebration

This event is a very special tradition where Adas gather together to wish the seniors well and to celebrate their upcoming commencement. Senior Adas share their experiences or say whatever they may be feeling at that moment. Some seniors read from their "State of the Heart: Today I Feel" statements, which they completed during their initial orientation to the Ada Program. It is a very moving event! Champagne, punch, and dessert are served. All non-seniors are highly encouraged to attend.

Illumination Night Celebration

This annual event occurs the night before commencement when the Smith campus is illuminated with Chinese lanterns. A celebration party is held honoring the Ada Comstock graduating seniors. This party is open to all Ada Comstock Scholars, their guests, and Ada alums.

CAMPUS LOCATIONS TO RELAX & STUDY

Ada Comstock Lounge ~ Hopkins House garden-level

An on-campus lounge for exclusive use by Adas is located in Hopkins House. Amenities include a kitchen, bathroom, television, computer, couches, and lockers. This is an excellent area for Adas to meet, eat, and relax. There is also a nice view of Paradise Pond! Keys to Hopkins Lounge are available to all Adas and are offered through the Ada Coordinator of the class cabinet.

Campus Center

This unique space contains student mailboxes, meeting rooms, Grécourt Bookshop, and a café where many Adas gather informally for lunch each day.

Seelye Hall Basement

There are a lot of postings on the bulletin boards that are located in the basement of Seelye Hall including postings for used books, odd jobs, lectures, and other

announcements. A computer lab is located in the basement of Seelye, as well as several tables in the hallway where students often sit and study.

Campus Lounges

Clark Corner Sabin-Reed Hall	Neilson Lounge Level B ~ Neilson Library	The Gamut Performing Arts Center Green Street	Bass Hall <i>Yellow room</i>
Vending machines & phone	Vending machines & microwave	Vending machines, stereo & television	Vending machines & phone
A good place to relax before & after classes in the Clark Science Center.	A good place to take a break from studying. (occasionally noisy).	Inviting soft furniture & a piano for spontaneous entertainment.	A basic lounge

Ainsworth Gym

The athletic facilities at Smith College are extensive and offer a nice break from a hectic study schedule. The combination of two gyms with a fitness center, swimming pool, and squash and tennis courts, and an indoor track, affords opportunities for participation in many sports.

All of these facilities are available to Ada Comstock Scholars with your Smith OneCard. Family members may use the facilities when accompanied by a student, and there are designated hours for family swim. Smith students may bring up to three guests to the gym. Towels are available with your OneCard.

With a Smith OneCard, students can also check out various pieces of equipment including but not limited to:

- ◆ tennis rackets
- ◆ volleyballs
- ◆ rollerblades

Satellite Gyms

These are smaller, but often more conveniently located work out areas, useful for those days when you need to work out but don't have time to walk down to the main gym at Ainsworth.

Quad	Albright House
Stationary bikes, stair steppers, and basic machines.	Stationary bikes, stair steppers, and a few basic machines. No free-weights.
Use Smith OneCard for 24-hour door access	Use Smith OneCard for 24-hour door access

CAMPUS ATTRACTIONS

Smith College Museum of Art

The museum re-opened in 2003. The collection started in 1879 and includes art from all periods, with a special strength in 19th century American and French works. The Museum provides gallery talks, special exhibitions, lectures, and occasional bus trips. AcaMedia will list dates and times for these special events.

Lyman Plant House & Surrounding Gardens ~ renovated in 2003

The Smith campus is an arboretum, designed by noted architect Frederick Law Olmsted, and most of the trees and shrubs are labeled. Make sure to pay a visit to the Botanic Garden and Lyman Plant House. Banana trees with ripe bananas and orchids in full bloom are inspirations during dreary winter days.

Paradise Pond

The small pond, which flows with the Mill River, provides a place for fun water or ice activities during each season.

Summer, Spring, and Fall Activities:

Canoes, rowboats, and kayaks are available at no charge from the Boat House. Check out a boat on a sunny days and study as you float on the pond.

- ◆ Your Smith College OneCard is needed to check them out

- ◆ If you want rent a boat, you must take a swim test; tests are given in the fall, days and times for these are listed in AcaMedia.
- ◆ Canoes may be used only by those who take a canoeing test on Paradise Pond

Winter Activities:

Ice-skating when the pond freezes

- ◆ Never assume that the ice is completely frozen; heed posted warnings.
- ◆ Prefer land? Try the scenic walking/running path around the pond.

<i>FINANCIAL AID INFORMATION</i>

Emergency Financial Assistance Information

Small amounts of loan and grant aid for unusual and unpredictable expenses over and above the standard financial aid awards may be awarded at the discretion of Erika Laquer, Dean of the Ada Comstock Program, College Hall 4, x4980. *Please do not hesitate to contact her if you need help.*

There are other college resources as well. Contact Susan Zachary, Assistant to the Dean of the College, College Hall 21.

The Smith Student Aid Society (SSAS), a separate philanthropic organization, may also be able to provide some help with medical emergencies and other unexpected needs. Requests for SSAS assistance should be made to the SSAS administrative assistant, whose office is in the Helen Hills Hills Chapel (x2577).

<i>MEDICAL INSURANCE</i>

***-----ALL COLLEGE STUDENTS IN MASSACHUSETTS
MUST HAVE MEDICAL INSURANCE!-----***

General Medical Insurance

Adas who already have insurance and do not opt for the Smith Health Insurance Plan must submit the following information to the Office of Student Financial Services:

- Insurance waiver
- Alternate coverage information

Ada Comstock Scholars with personal insurance (NOT the Smith Health Plan) are eligible to seek a Health Services physician, nurse practitioner, or counselor if needed. However, you **MUST** have completed and returned your pre-admission health form (insurance waiver and alternate coverage information) you received prior to entering Smith!

Note to members of Health Maintenance Organizations or other pre-paid health plans:

Investigate the details of your plan regarding reimbursement for care received “outside” that plan (i.e. from Smith Health Services). You may wish to continue your association with another health plan through COBRA. Contact that organization.

SMITH HEALTH INSURANCE PLAN

Contact **Koster Insurance Company** directly: (617) 770-9889; (800) 457-5599 or www.kosterins.com

Dependent Care

Smith offers comparable insurance coverage for families of students; however it is **YOUR** responsibility to enroll your family directly with the insurance company.

Alternative Insurance for Children

MassHealth 1-888-665-9993
(see also: www.massresources.org)

State Children’s Medical Security Plan 1-800-909-2677 (cmsp)
(see also: www.cmspkids.com)

STUDENT GOVERNMENT ASSOCIATION ~ SGA

<http://sophia.smith.edu/sga/>

The Role of Ada Comstock Scholars in the SGA

- Ada Comstock Scholars elect students to represent their interests in the SGA in the following positions:
 - ◆ Class Co-Presidents
 - ◆ Class Vice President
 - ◆ Eight senators
 - comprised of two Adas and six off-campus students
 - six-off campus students are generally, but not necessarily, Adas

Committees

The SGA announces open committee positions in early September.

This is an opportunity to become involved with student, faculty, or administrative committees which can offer knowledge and experience beyond that learned in the classroom.

Student Clubs and Organizations

The SGA allocates a large amount of its yearly budget to more than 50 student organizations and clubs of various kinds, including departmental major clubs. Majors with clubs meet regularly and are also open to non-majors. Club meetings are posted on bulletin boards and often appear in AcaMedia as well.

SMITH TRADITIONS

Campus Colors

According to the college archives, the college color is white--hence, the white dresses for Ivy Day and the Alumnae Parade. In the 1970s, the athletic teams began wearing blue and white for competition (blue uniforms were easier to clean). The logo uses the colors blue and gold for a modern look on the traditional white.

Convocation

Convocation takes place the night before the opening of classes in September. The faculty marches in wearing academic robes. There are a few short speeches by the president of the college and Student Government Association (SGA), music by the Smith College Glee Club, and lots of cheering. It is a loud and raucous beginning for the year. Adas usually sit together in front, stage right.

Mountain Day

Mountain Day is a surprise college holiday during the fall semester. Smith's president chooses a beautiful fall day at random, and announces that classes are cancelled by ringing the college bells. All students are encouraged to enjoy the outdoors. The college provides picnic lunches for students living on campus. Adas usually create a phone tree system to notify each other, especially those living off-campus.

Otelia Cromwell Day

Every November, Otelia Cromwell Day honors Smith's first African-American graduate with an annual day of workshops, lectures, films, and entertainment. Afternoon and evening classes are cancelled so students can attend the events. The symposium continues the college's efforts to create a diverse and multicultural community.

Rally Day

Rally Day is a college holiday held in February, celebrating the Smith community. The college President awards 'Smith College Medals' to distinguished alumnae, and a prominent speaker addresses the student body. Rally Day is also the first day seniors may wear their commencement robes. Instead of mortarboards, the seniors wear colorful, fun hats of their own--the more outlandish, the better! The day is capped by an evening show of comic skits portraying life at Smith, performed by students from each class. The Adas organize and perform a skit, usually led by the Rally Day Chairs.

Ivy Day

One of the special events on the Saturday of Commencement Weekend brings together seniors and alumnae to celebrate the students' transformation into alumnae. The day begins with the alumnae march, from the oldest to the youngest classes, through two lines of seniors wearing white dresses and holding roses. After the march, junior ushers, carrying a laurel chain, symbolizing the college ivy, lead the seniors into the Quad where the graduating class plants ivy sprigs at the base of a campus building. Prizes and awards are announced by chief administrators.

INFORMATION TECHNOLOGY SERVICES

www.smith.edu/its

Smith College provides computer resource centers for students in multiple locations across campus. All student resource centers are equipped with Macintosh computers, Windows computers, and laser printers. The resource centers in Seelye Hall and Bass Hall offer scanning stations and color printers.

In the resource centers, students can access Microsoft Office for Macintosh and Windows, GroupWise email, academic courseware, Five College library resources, and internet resources including **TARA** (Technology And Resource Advisor), the ITS self-help website, <http://www.smith.edu/its/tara/>

Student Resource Centers: There are staffed and unstaffed student resource centers. Your Smith OneCard provides door access to the unstaffed 24-hour centers. Visit the ITS web site for hours and locations. For further information about these resource centers, contact the Resource Center Manager, x 3099.

Beginner and advanced workshops are available throughout the academic year. There is also a computer purchase plan available for students. Call the Computer Store at x3027 for information

GRECOURT BOOKSHOP ~ Campus Center, lower level

The bookstore sells new and used textbooks, school supplies, book bags, and sportswear. With your Smith OneCard, personal checks up to \$20 can be cashed at the bookstore.

Tips when purchasing books

- Attend classes before purchasing your books and **save your receipts!**
- Be sure you are buying the exact edition your professor requires
- Expect long lines at the beginning of each semester!

ADA COMSTOCK SOURCES OF INFORMATION

Web Sites

- The Smith College website at www.smith.edu includes electronic bulletin boards and links to the CDO, BannerWeb, course information, libraries, college offices, etc. You can find information about most administrative offices and academic departments.
- The Ada Blog is a great way to obtain information about what is happening in the class. <http://sophia.smith.edu/blog/adaclass/>
- Join our Facebook page!
<http://www.facebook.com/home.php?#!/profile.php?id=100000948615477&ref=ts>

ASPECTS (***A*** ***S***tudents ***P***erspective on ***E***very ***C***lass ***T***aught at ***S***mith)

www.smith.edu/aspects

- Student compiled course critiques based on student questionnaire responses are available each semester to assist students in pre-registration. ASPECTS is sponsored by the Curriculum Committee of the SGA.

ID CARDS, MAIL, LOCKERS, ETC.

Identification Cards

The Smith OneCard is the Smith College ID card issued to all Smith students, faculty, and staff. In addition to identifying your status at Smith, your OneCard is your interface to the OneCard Transaction System which supports a variety of services on campus, including:

- Library circulation
- Dining services in Smith residence houses
- Door access
- Access to Campus Cash
- Printing from campus computers

The Smith OneCard is also the only accepted means of identification for the following activities:

- Receiving exams
- Writing checks in the bookstore
- Using athletic equipment and facilities
- Receiving student rates for college activities

- Activities and facility use at the other four colleges

If your card is lost or stolen, notify the college immediately. A replacement card will be issued for a fee. Go to www.smith.edu/its/onecard/index.html for further information.

Campus Mail and E-mail

All on campus mail will be delivered to your college mailbox at 1 Chapin Way in the Campus Center. In addition, **important college information will be sent to your Smith email account**. It is important to read all notices that are sent to you! Check your mail often.

While all campus mail will be sent to your mailbox, it is essential to keep the Registrar and the class dean's office informed of any name or address changes.

Lockers ~ Where can I find them?

- Ada Lounge in Hopkins House
 - ◆ 40 lockers available on first come basis
 - ◆ Supply your own padlock
 - ◆ Contact Ada Comstock Coordinator on cabinet
- Small gym-size lockers available in the Ainsworth/Scott Gymnasium
 - ◆ Register at the main office on the first floor of the gym
 - ◆ Minimal deposit
- Unassigned lockers in the women's locker room in Ainsworth Gym
 - ◆ You must register at the main office
 - ◆ Supply your own padlock and the locker is yours for the year
- 15 lockers, specifically for Adas, available in the Seelye Basement
 - ◆ Available on a first-come basis
 - ◆ Supply your own padlock
 - ◆ Contact the Ada Comstock Coordinator if you need one

The Northampton Community

NOTE: This section contains information collected by Adas that may be useful as you settle in the Northampton community. The following information is meant to include tips and contact information, **not endorsements**. If you discover errors, please do not hesitate to contact the Ada Class Coordinator with corrections for the online handbook. Unless otherwise noted, ALL PHONE NUMBERS ARE IN NORTHAMPTON, AREA CODE 413; Springfield, Greenfield, and other outlying towns are outside the local calling area and you will need to dial 1-413.

Always your best bet...

Swap Services. If you know how to cut hair, sew hems, fix bikes, or baby-sit, trade your expertise with another Ada who can help you with your needs. Helping each other is the most important service we can provide, even if helping is simply quizzing an Ada on her test material. Companionship and support have great value.

Northampton Freecycle. Is an online network where you can connect with other members who are getting rid of unwanted items that you may need, or who want items you have to give away. ALL items posted are 100% FREE. Freecycle allows for personal contact between donor and recipient. The donor gets rid of some clutter and the recipient gets something they need for free, reducing the volume of trash.

Auto Repair

ARC Garage. 320 Riverside Drive (near the high school) – 584-7098.

Auto Glass Specialists, Inc. 297 Pleasant Street. 586-8388.

Burke Whitaker Pontiac-Cadillac-GMC Truck. 200 N King St,
Northampton, 584-3883

Cahillane Chrysler-Plymouth Jeep Eagle. 527-2620.

City Auto Repair. 110 Pleasant Street. 584-6000.

Competition Motors (Jay). 8 Pearl Street. 584-5496.

Cottman Transmission. 245 N King St, Northampton. 585-8688

Country Nissan. Greenfield (off Interstate 91 North). 774-3121.

Duffy's Front End Service. 200 Bridge Street. 584-3815.

Ernie's Sunoco. 72 King Street. 584-6776.

Gateway Motors. 44 Elizabeth St, Northampton. 584-8757.

King Auto Body. 141 King Street. 584-1356.

Northampton Tire (Russ & Mike). 182 King Street. 584-6221.

Performance Motoring Company. 315 Russell Street (Route 9), Hadley. 584-6090.

Pleasant Journey Used Cars, Inc. 459 Pleasant Street, Northampton. 586-8150.

Toad's Kin Car Company. 5 Middle Street, Florence. 584-5102.

Banks

There are several banks conveniently located within the downtown area. To find out about the services they offer, contact each bank individually.

Bank of America. 144 Main St, Northampton - (800) 841-4000; 79 King St, Northampton - (800) 841-4000; 52 Main St, Easthampton - (800) 841-4000

BankNorth. 175 Main Street. 748-8590.

Easthampton Savings Bank. 36 Main Street Easthampton; 21 Locust Street, Northampton; 102 Main Street, Northampton. All offices can be reached at 527-4111

Florence Savings Bank. Branches at 58 Main Street (582-9400), 176 King Street (582-9380), and 85 Main Street, Florence (586-1300). Free checking available!

Northampton Cooperative Bank. 67 King Street. 584-4474.

UMASS Five College Credit Union. 243 King Street / Suite 105. 256-5500

Childcare

Since childcare needs vary greatly depending upon the ages of your children, your childcare needs must be met individually. Northampton does have a fair number of day care centers and pre-schools. Northampton and Amherst are packed with a variety of extra-curricular activities for children of all ages. The public libraries are a good place to find brochures about on-going programs, vacation and summer camps, and workshops of all kinds. The *Daily Hampshire Gazette* and the weekly *Advocate* (free around town) newspapers are good sources as well. Here are a few other suggestions:

Alternative Childcare (babysitters). One of the most effective ways to find babysitting resources for times when your child may not be at day care is to talk to other Adas who have young children. If they don't have suggestions for babysitters, they might be willing to share childcare, with each parent taking turns. You may also find traditional students who are very willing to baby-sit. Ask in your classes.

Appletree Cooperative Nursery School. Main Street, Haydenville. 268-7434.

Cloverdale Cooperative Nursery School. 130 Pine Street, Florence. 586-1106

Community Action! Hampshire County, 56 Vernon Street, Northampton, 582-4230, Fax: 582-4248. Franklin County, 393 Main Street, Greenfield, 774-2318, Fax: 773-3834

Hampshire County Headstart. 56 Vernon St, Northampton. 586-2067

Meadowlark Day Nursery School. 283 Prospect Street, Northampton. 586-1951.

People's Institute. Close, convenient, affordable. Has after-school care and school vacation care through 5th grade. 38 Gothic Street, Northampton. 584-8313.

Sunnyside Childcare Center at Smith. 70 Paradise Road, Northampton. 585-2293. Top quality childcare!

YMCA. Offers after-school and before-school care for school-aged children. 286 Prospect Street, Northampton. 584-7086.

NOTE: There are a limited number of childcare vouchers offered in the Western Massachusetts area for income-eligible families. For more information, contact the following:

Children's Programs

In addition to after-school and summer programs, many schools in the Pioneer Valley offer alternatives to traditional public schools. Consult with other parents to learn about the broad spectrum of possibilities, including scholarships to private schools. Here are some additional suggestions:

Amherst Leisure Services. This is a great source for information about youth organizations. They offer a multitude of programs and they have their own subsidy plan available for those who qualify. 70 Boltwood Walk, Amherst, 259-3065, Fax 259-2407.

Forbes Library. Offers a scheduled story hour and free movies. West Street, Northampton. 587-1011.

Jones Library. This library has an extensive list of area summer camps, both day and overnight. There is also a listing of special children's programs in the area. 43 Amity Street, Amherst. 259-3090.

Look Memorial Park. North Main Street, Florence. 584-5457. Summer camp programs, sprinkler water park, bumper and pedal boats. BBQ facilities, jungle gyms, small animal zoo, mini golf and lots of play and walking areas. Small entrance fee, or yearly membership.

Northampton Community Music Center. 139 South Street, Northampton. 585-0001.

Northampton Recreation Department. 90 Locust Street, Northampton. 5871040.

People's Institute. Offers after school activities such as gymnastics, arts and crafts, cooking, etc. 38 Gothic Street, Northampton. 584-8313.

Skating Club of Amherst. 253-6388.

YMCA. Membership fee is required, but some financial assistance is available. Has an active swimming program, as well as gymnastics, ballet, karate, arts and crafts, etc. Also offers after-school and before-school programs. 286 Prospect Street, Northampton. 584-7086.

Computer/Office Supplies

College Pro Computers. 206 Russell Street (Route 9), next to the Hadley Pub in Hadley. 584-8857.

The Paper Place. 204 Main Street, Northampton. 584-1817.

Smith Computer Store. Computers and supplies – Smith will provide free support to all Smith-bought computers; other supplies and software available. Payment installment plans may be available when purchasing a computer. Located in Stoddard Hall.

Staples. For cheap reams of 8.5 x 11 white bond paper. 125 Westgate Center (Route 9), Hadley. 253-2599.

Yes Computers. Specializing in Macs. 38 Pleasant Street, Northampton. 585-0007.

Counseling Services

First Call for Help. An information and referral program plus the emergency fuel bank. It has every kind of assistance available in the area and links people to available county resources. (800) 339-7779, or 582-4237.

Berkshire Children and Families. 220 Russell Street, Hadley. 584-5690. Parenting help and groups. Support and resource center.

Counseling Services at Smith College. Services are provided free of charge to students. No long-term care is available, but counselors can provide referrals in the area. 69 Paradise Road. 585-2840 (x2840).

Everywoman's Center. Offers a variety of counseling, workshops, lectures, and referral services. Excellent feminist counseling available. Contact them for a catalogue of all area therapists and their special area of counseling. This catalogue is also available at the Jones Library in Amherst and Wilder Hall at the UMASS campus. For more details, call 545-0800.

Parents Helping Parents. This parent support group meets weekly at St. John's Episcopal Church (with the playground you can see from campus). This group is for parents who are looking to improve their relationship with their children. Free, confidential, and childcare is available. 1-800-632-8188.

Safe Passage. An organization for battered women and their children, including a hotline, legal/court advocacy, shelter, childcare, administration, fundraising, and internships. Northampton. 586-1125.

ServiceNet. If you don't have Smith Health Insurance, or you find that the Smith Counseling Service does not meet your needs, ServiceNet has counselors and a sliding fee plan to help with financial difficulties. 29 King Street, Northampton, 585-1300.

Tapestry Health Systems. Confidential HIV testing, abortion counseling, and family planning services and counseling are available. 16 Center Street, Northampton. 586-2539.

Health Services

If you are on the Smith College Health Plan, you must check with Health Services before seeking outside care or your insurance will not cover the treatment.

Chiropractors

Hadley Family Chiropractic. 187 Russell Street, Hadley. 586-6521.

Klemer, Katherine. 26 Market Street, Northampton. 584-7949.

Novak, Edward M. 190 Russell Street, Hadley. 584-8976

Dentists

Amherst Dental Group. Evening hours by appointment. 650 Main Street, Amherst. 253-9582.

Clayton, James. O.M.D. 243 King St, Ste 112. 584-5199,

Fasten, Sander. 12 Center Street, Northampton. 586-4510.

First Advantage Dental. Takes Smith College Dental Program. 241 King St # 120, Northampton, 585-5425.

Freed, Barbara. Smith Alumna. 28 University Drive, Amherst. 549-3608.

Kantor, Howard. Dentistry for children and adolescents. 193 Locust Street, Northampton. 584-7773.

Klepacki, Mark. On the bus route. Evening appointments available. 190 Russell Street, Hadley. 586-3306.

O'Brien, Michael J. Family dentistry. 41 Locust Street, Northampton. 586-0716.

Rigali, Linda E. Orthodontist. 51 Locust Street, Northampton. 586-8455.

Small Smiles. Takes most insurance and MassHealth. 2285 Northampton St, Holyoke, 534-8700

The Dental Office. Holyoke (accepts MassHealth). 532-9374.

The Holyoke Health Center. 230 Maple Street, Holyoke. 420-2200.

Traft , Jeffrey A. 16 Center Street, Northampton. 584-3721.

Warren, Binca Within walking distance to campus. 26 Elm Street, Northampton. 584-2902.

Wohl, Martin. 269 Locust Street, Ste 3, Northampton. 586-6180.

Eye Doctors

Bleiman, Bruce. Ophthalmologist. 40 Main Street, ste 106, Florence. 584-6422.

Erb, Maribeth. Optometrist. Vision exams, eye glasses, contact lenses. 274 Pleasant Street, Northampton. 584-6616.

Free Eyeglasses for Children:

The Community United Way has been chosen to work with Lens Crafters Foundation to provide free eye exams and glasses to children (ages 6 – 18 years of age) of low income. If you know of any children who are in need of glasses and would benefit from this free program, please call the Community United Way First Call service at (413) 737-2712, Monday through Friday from 8:30 am to 4:30 pm.

Physicians

Brown, Brown. Internal medicine gastroenterologist. 190 Nonotuck Street, Florence. 584-9511.

Cooley Dickinson Hospital Emergency Room and Fast Track. Medical services always available. 30 Locust Street, Northampton. 582-2000.

Hampshire OB-GYN. 61 Locust Street, Northampton. 584-2303.

Landman-Reiner, Alicia. 16 Center Street, Northampton. 586-5404.

Northampton Physical Therapy Clinic (Linda Beaulieu). 17 South Street, Northampton. 582-0005.

Northampton Area Pediatrics. Pediatric and adolescent medicine. 193 Locust Street, Northampton. 584-8700. Amherst office at 170 University Drive (587-3224).

On Call Urgent Care Center. Mon-Fri 9am – 9pm, Sat and Sun 9am-5pm. 51 Locust St, Northampton, 584-7425

Thomas, Russ. Greenfield. 775-0240.

Veterinarians

Berens, Mark. 185 Locust Street, Northampton. 584-9477.

Lichtenberg's Veterinary Hospital. 2 Belchertown Road, Pelham. 253-7797.

Northampton Veterinary Clinic. 227 South Street (Route 10), Northampton. 584-6309.

North King Animal Clinic. Good with small animals. Hours by appointment. North King Street, Northampton. 584-9178.

Rowley Animal Hospital. 24-hour emergency care. 53 Bliss Street, Springfield. 786-1221.

Valley Veterinary Hospital. Boarding available. 320 Russell Street (Route 9), Hadley. 584-1223.

Laundromats and Dry Cleaners

Green Street Laundromat. 44 Green Street, Northampton (in the basement).

Masonic St Maytag Laundry. 18 Masonic Street, Northampton. 586-6995.

Main Street Cleaners. 193 Main Street, Northampton. 586-4359.

Washing Well. Located in the Dairy Mart plaza in Florence.

Housing

Finding off-campus housing in Northampton is easier with the help of these two websites.

Craigslist Western Massachusetts- <http://westernmass.craigslist.org/>

Rent NoHo- This is through a broker, but has a lot of listings.
<http://www.rentnoho.com/>

Housing Assistance

NOTE: A word of advice to anyone thinking of applying for subsidized housing. The waiting list for most of these programs can be a year and a half or longer. Subsidized housing is most difficult to find in Northampton, but easier in surrounding towns.

Housing Allowance Program. If you are eligible for subsidized housing, the Housing Allowance Program located at 135 State Street in Springfield (1-800-332-9667) is probably the best agency to turn to for help. Eligibility is determined according to family size and income/eligibility criteria is very broad. Under this program, one pays a percentage of income towards rent directly to the landlord, while the Housing Allowance Program pays the remainder through a state subsidy.

Northampton Housing Authority. The Northampton Housing Authority has two developments – one in Florence and one in Northampton (on Bridge Road off King Street). Selection is determined by income and availability. In addition, there is also scattered site housing available, whereby the tenant can locate an apartment in the community and obtain financial assistance similar to the Housing Allowance Program. For more information about Section Eight housing

in Northampton, contact the Northampton Housing Authority at 81 Conz Street, Northampton, 586-0170. (These apartments are usually full and have a waiting list.)

Libraries

Forbes Library. A wealth of resources can be found here. Calvin Coolidge memorabilia, local history, films, videos, DVD, records, periodicals, and books. Cards are available to any Massachusetts resident with proof of residency. Excellent children's department that offers story hour and movies. West Street, Northampton. 584-8399. Children's Department: 584-3970.

Jones Library. Cards issued to Massachusetts residents. Contains a good collection of Robert Frost materials in the Special Collections Department. Good selection of mysteries. Large children's room. 43 Amity Street, Amherst. 256-0246.

Newspapers

The Daily Hampshire Gazette. Published daily except Sunday, and available after 1:00 pm. The Hampshire Life section on Friday is a good source of local activities, entertainment, etc. 584-5000.

Valley Advocate. An alternative paper published weekly and distributed on Wednesdays. It is free and available at local restaurants and newsstands. Publishes a "Best of the Valley" list in September, rating area businesses and services. Also lists personals and highlights local nightlife.

Popular Hangouts

Cafe Evolution. Located in Florence. 22 Chestnut Street, Florence, 586-0200

Haymarket Café. Very casual "feed and read". Vegetarian café featuring coffee, juices, pastries, and great soups and salads. 185 Main Street, Northampton. 586-9969.

Northampton Brewery. Live music on Sunday nights. Wide choice of on-premises brewed beers. Outdoor patio for the summer. 11 Brewster Court, Northampton. 584-9903.

Packards. Full menu available. 14 Masonic Street, Northampton. 584-5957.

Woodstar Cafe. Great coffee. 60 Masonic Street, Northampton. 585-9777

Restaurants

There are so many of these it's hard to choose, but here are some favorites:

Amanouz Café. Moroccan. 44 Main Street, Northampton. 585-9128.

Bluebonnet Diner. Good, hearty, local home cooking. 324 King Street, Northampton. 584-3333.

Bela. Vegetarian restaurant. 68 Masonic Street, Northampton. 586-8011.

Bueno Y Sano. 134 Main Street, Northampton, 586-7311. Mexican food.

Carmelina's. Italian. 96 Russell Street (Route 9), Hadley. 584-8000.

Eastside Grill. 19 Strong Avenue, Northampton. 586-3347.

Fitzwilly's. 23 Main Street, Northampton. 584-8666.

Joe's Café Spaghetti and Pizza. 33 Market Street, Northampton. 584-3168.

La Fiorentina. Authentic Italian coffee and pastry shop with an espresso/cappuccino bar. 19 Armory Avenue, Northampton. 586-7693.

La Veracruzana. Mexican food. Moderate prices. 31 Main Street, Northampton. 586-7181.

Miss Florence Diner. A real old-fashioned diner. 99 Main Street, Florence. 584-3137.

Packard's. Cigars allowed. 14 Masonic Street, Northampton. 584-5957.

Paul and Elizabeth's. Natural foods restaurant. Vegetarian and fish dishes. Thornes Marketplace, 150 Main Street, Northampton. 584-4832.

Pizzeria Paradiso. Gourmet pizza, beer, and wine. Dinner only. 12 Crafts Avenue, Northampton. 586-1468.

Roberto's. Great local pizza joint. 223 Pleasant Street, Northampton. 584-0204.

Siam Square Thai Restaurant. 84 Pleasant Street, Northampton. 582-1817.

Spoletto Restaurant. Serves exciting new and traditional Italian food in a casual environment. (Spoletto's Express on King Street). 50 Main Street, Northampton. 586-6313.

Sylvester's Restaurant. Homemade breads and soups. 111 Pleasant Street, Northampton. 586-5343.

Taipei & Tokyo. Japanese (sushi) and Chinese available. 18 Main Street, Northampton. 582-1888.

Teapot. Chinese and Japanese available, plus sushi. Open late & they deliver. 116 Main Street, Northampton. 585-9308.

Thai Garden. 2 Bridge Street, Northampton, 587-3336.

Schools

Public Schools

There are four elementary schools, one middle school, one high school, and one vocational high school in Northampton. School assignment is determined according to the district in which you live. Northampton also offers school choice, where families can opt to attend a school outside of their district (depending on availability of space). Contact the Superintendent of Schools, 212 Main Street, Northampton, for more information. 585-1328.

There are also several public charter schools, such as Hilltown Elementary (Haydenville) and Pioneer Valley Performing Arts High School in South Hadley.

Independent Schools

There are a number of independent schools in the area. Here is a partial listing.

The Clarke School for the Deaf. 46 Round Hill Road, Northampton. 584-3450. www.clarkeschool.org.

The Common School. Small, private, alternative school. 521 South Pleasant Street, Amherst. 253-7913. www.commonschool.org.

Smith Campus School. K-6. Small, laboratory day school to train Smith teachers on Smith Campus. Contact the Director's Office, Gill Hall, or Smith College (x3270).

Williston-Northampton School. Coeducational boarding and day school, grades 7 -12. 19 Payson Avenue, Easthampton. 527-1520. www.williston.com.

Miscellaneous Services

Federal Information Center. For information on federal taxes, federal jobs, veterans' benefits, Social Security benefits, passports, visas, etc. 1-800-688-9889.

H&R Block. 241 King Street, Potpourri Plaza, Northampton. 584-3155

Hampshire Community Action Commission (HCAC). This is the largest social service agency in Hampshire County. The agency serves as an umbrella for 14 different programs directed toward low-income people in the area. Programs in day care, food and nutrition, and welfare rights are some offerings. If the service you need is not provided, HCAC can refer you to the proper agency. Call the hotline for referrals and information: 413.582.4230,

Massachusetts Department of Transitional Assistance. This is the agency to call for foodstamps, MassHealth, emergency assistance, etc. 72-100 Front Street, Holyoke. 552-5400. Also in Greenfield, (413) 772-3400

Massachusetts Registry of Motor Vehicles. 116 Pleasant St, Easthampton. <http://www.mass.gov/qrmv/easthamp.shtm>

Northampton Chamber of Commerce. A wealth of information about the area is available in this office. 99 Pleasant Street, Northampton. 584-1900.

Northampton Post Office. 37 Bridge Street, Northampton. 584-0960.

Northampton Survival Center. Serves low-income residents by providing food, clothes, and some household items. A good place to go if you are having a hard time making ends meet. 256 Prospect Street, Northampton. 586-6564.

Social Security Administration. 536-3649 or 1-800-772-1213. Call this number to change your address. SSA lines are busiest early in the week and early in the month. If you are calling to arrange for direct deposit of your Social Security checks, call your bank before you call SSA.

State Tax Information. 1-800-392-6089.

Western Mass Legal Services. This agency has a sliding scale for legal services. Qualified, understanding attorneys and staff. 20 Hampton Ave, Ste 100, Northampton. 584-4034

Shopping

Northampton offers everything from trendy boutiques to discount department stores. This listing is to acquaint you with some stores that are conveniently located, reasonably priced, and/or fun and unusual.

Local Grocery Shopping

Big Y Supermarket. Double manufacturer's coupons. Lots of "buy one, get 2 free" deals! 136 King Street, Northampton. 584-6137.

Cornucopia Foods. A full line of organic/natural foods, grains, and health products. Downstairs in Thorne's Marketplace, 150 Main Street, Northampton. 586-3800.

Farmers Market. There are many farms in the surrounding area making Northampton a great place for organic eating. There are two farmers markets a week in Northampton, Tuesdays from 2pm-5pm (behind the Thornes shopping area) and Saturday 8am-12pm (right off Main St.). The market in Florence is on Wednesday. All markets run May through October. This link will take you to a list of markets in the area.

<http://www.farmfresh.org/food/farmersmarkets.php?zip=01002>

International Food Market. Route 9, Hadley (just past the bridge out of Northampton, towards Amherst, on the left). 585-9932.

Serio's Market and Pharmacy. Small, family-owned grocery and drugstore a short walk from campus (just across the street from the 36 Bedford Terrace apartment building). Includes butcher shop, deli counter, and fruit and vegetable section. 65 State Street, Northampton. 584-2633.

State Street Fruit Store and Deli; State Street Beer and Wine. Small, locally-owned grocery store close by. A variety of good produce and cheeses, and a sizeable gourmet food section. Liquor store next door. 51 State Street, Northampton. 584-2301.

Stop and Shop Supermarket. Double manufacturer's coupons. 228 King Street, Northampton. 774-6096.

Trader Joes. Route 9, Hadley. 587-3260

Whole Foods. Natural foods supermarket, including meat, fish, deli, bakery, vitamins, and cosmetics. Route 9, Hadley. 586-9932.

Clothing, etc.

Faces. Cool, hip stuff you don't really need but want! Clothes, toys, cards, household stuff, posters, etc. 175 Main Street, Northampton. 584-4081.

Goodwill. 971 Bridge Rd Northampton. 320-4911

Marshall's & Old Navy. Route 9, Hadley.

Priceless Kids. You can find some great, name-brand, quality children's clothing here cheap! 243 Memorial Ave, West Springfield. (Right off Exit 7 on 91 South – 1st right off the traffic circle)

Roz's Place. Impressive selection of "hardly used" clothing. 6 Bridge Street, Northampton. 586-4381.

Second Showing. Beautiful, name-brand, second-hand clothing. 41 Princeton St Holyoke. 586-3136.

Salvation Army Store. Route 9, Hadley.

The Hospice Shop. Thrift shop. 25 Market Street, Northampton. 586-0193.

The Mountain Goat. Clothes, shoes, backpacks. Watch for sales as this store can be expensive...177 Main Street, Northampton. 586-0803.

Bookstores

Broadside Bookshop. 247 Main Street, Northampton. 586-4235.

Old Book Store. Buys and sells a wide range of used books. 32 Masonic, Northampton. 586-0576.

Raven Used BookShop. 4 Old South Street (around the corner from Thorne's Marketplace), Northampton. 584-9868.

Barnes & Noble. Route 9, Hadley. 584-2558

Department & Drug Stores

Big Lots. Bargain-basement price store. North King Street, Northampton (in Wal-Mart plaza).

CVS Pharmacy. 90 Main Street, 584-3466 or 366 King Street, 586-8315.

Foster Farrar Co, & True Value. Hardware store. 145 King Street, Northampton. 584-8811.

Home Depot. Route 9, Hadley, 587-2790

Radio Shack. 242 King Street, Northampton. 584-2420.

Serio's Drug Store. Copy machine, money orders available. 63 State Street, Northampton. 584-8980.

Target. Route 9, Hadley. 586-5945

Wal-Mart. 180 North King Street, Northampton. 587-9555. Also Route 9, Hadley. 586-4231

Malls

Hampshire Mall. Includes JC Penney, Target, roller skating, and a Cinemark Theatres (\$5 movies with student ID and even cheaper matinee prices). Route 9, Hadley. On the bus line.

Ingleside Mall. Largest mall in the area. Includes Sears, Lord & Taylor, Gap, etc. Just off Route 91 South in Holyoke (exit 15). The Christmas Tree Shop has great bargains on all sorts of household needs and gadgets. Not too far away, but a good trip to get off campus for a few hours.

Mountain Farms Mall. Includes Wal-Mart, Old Navy, Linens and Things, Whole Foods, Marshall's, Barnes & Noble, and Michael's Arts & Crafts. Next to Hampshire Mall on Route 9. The bus will take you to and from the mall for free during the semester.

Thorne's Marketplace. Check out the many interesting shops and places to eat in this former department store. Just wandering through it is an experience! Make sure to stop by the seated massage on the 2nd floor: it's a great stress reliever before exams. A dollar store is in the basement next to a natural food grocery store. Open late on Thursday nights. 150 Main Street, Northampton. 584-5582.

Miscellaneous

A 2 Z. Great science toy store (also do gift wrapping). 57 King Street, Northampton. 586-1611.

Bruegger's Bagel Bakery. Good bagels. 96 Main Street, Northampton. 585-0275.

Dave's Pet City and Soda. 104 N King St Northampton, 585-1170

Things To Do

Parks

Arcadia Nature Center and Wildlife Sanctuary. A Massachusetts Audubon Society reserve open to the public for a minimal fee. There are easy hiking trails throughout, which also provide for cross-country skiing during the winter. A Natural History Summer Day Camp is available for children. Route 10 between Northampton and Easthampton.

Childs Park. This park is approximately one mile from campus and is a lovely, relaxing place to eat lunch, study, or take a leisurely bike ride. Elm Street (Route 9), Northampton.

Daughters of the American Revolution (DAR) State Forrest. Located on the western edge of the Pioneer Valley, DAR is best known as a camping and swimming recreational area. Within its acreage, however, are about 14 miles of foot and bridle trails and gravel & dirt roads. The most direct way to reach the forest from the Northampton area is to follow MA-9 (Berkshire Trail) 15 miles to Goshen and turn right (north) onto MA-112. The well-marked entrance to the forest is located on the right about a mile up.

During the summer months, a small fee is charged for parking. If you wish to avoid the parking fee, your other option is to drive north on Rt. 112 and then east on Rt. 116. From South Ashfield, follow paved Williamsburg Road south for about 3 miles and then turn right onto Ludwig Road taking you to the park's west boundary and a gate. This information is taken from *Hiking the Pioneer Valley*, by Bruce Scofield, available at The Mountain Goat outdoor store in downtown Northampton.

Look Memorial Park. A year-round recreational park with picnic areas, tennis courts, miniature golf, outdoor theatre, duck pond, sprinklers in the

summer, and other recreational activities. Cost is about \$3 per car (\$4-5 on weekends; season pass is available). Just a couple of miles west, on Route 9, Florence. At the end of the bike path.

Northampton Bike Path. This paved trail originates at the end of State Street and meanders several miles through wooded areas into Florence and to Look Park. A great place to bike, rollerblade, jog, or take a leisurely walk without the noise of traffic.

Norwottuck Rail Trail. A ten-mile path linking Northampton, Hadley, and Amherst along the former Boston and Maine Railroad right-of-way. Originates on the west side of the Connecticut River near the Coolidge Bridge (Route 9) and leads into Amherst. Part of the Massachusetts State Park system.

Skinner State Park. Approximately 7 miles from Smith, following Rt. 47 to South Hadley. The summit offers a view of the Valley that is well worth the trip. You can drive to the top or park at the halfway point and climb the rest. There is a hiking trail along the mountain range. Think about making this trip on Mountain Day.

Theaters

Academy of Music. A one-film venue usually showing award-winning productions several weeks at a time. Buy two tickets at a time (with student ID) for a discounted student price. 274 Main Street, Northampton. 584-8435.

Calvin Theatre. Live groups and performances. 19 King Street, Northampton. 584-1444.

Cinemark at The Hampshire Mall. Multi-theatre chain; accessible by the Amherst Bus (PVTA). Twilight movies start around 5:00 pm – cheaper than evening prices. Discount with student ID available all other times. Route 9, Hadley. 584-9153.

Pleasant Street Theater. Runs a lot of independent films. 27 Pleasant Street, Northampton. 586-0935.

Smith College. The SGA plays top movies in Wright Hall or the Campus Center 2 nights per week (Tuesdays & Thursdays, traditionally). They're free – right on campus. Bring your own popcorn & soda. Watch for the ads on the board in the Campus Center.

Transportation

Travel Ideas

In addition to the Chamber of Commerce, there is a travel information booth on King Street in Northampton, across from the Hotel Northampton. It's a good source of information both for the Pioneer Valley area and the rest of New England.

Airports

Albany International Airport. Located about 2 hours West of Northampton. Easy access and parking; Southwest hub.

Bradley International Airport. North of Hartford, CT, Bradley (BDL) is approximately one hour from Smith. Bus service (Peter Pan) is available on a regular basis, at about \$35 each way. Also, The Valley Transporter is a good source for a ride to the airport. The Smith SGA runs an airport shuttle during specific peak times (Thanksgiving and Winter Break), to Bradley.

Logan International Airport. Located in Boston, MA, approximately 2 hours from Smith.

Buses

The Five-College Bus System. This service runs on a regular basis between the University of Massachusetts, Smith College, Amherst College, Mount Holyoke College, and Hampshire College. It is free to all riders during the school year, but during the summer there is a fee. The Smith College buses stop in front of John M. Greene Hall on Elm Street. Schedules are posted on the bulletin board there and are available on the bus. This service facilitates taking courses at the other colleges, as well as getting to know the area.

Peter Pan Buses. One Roundhouse Plaza, Northampton. 586-1030, and 79 Amherst Street, Amherst. Hourly departures to Springfield, Boston, and New York City; also New England destinations, including Cape Cod. Make sure to ask for the student discount.

Pioneer Valley Transit Authority (PVTA). Five-College Bus System is part of the PVTA. The PVTA also provides local bus service to the surrounding communities: Amherst, Florence, Holyoke, Springfield, Williamsburg, etc.
781-PVTA.

Taxis

My Taxi. 1 Roundhouse Plz # 5, Northampton, 387-6013

Valley Transporter. Specializes in transport to Bradley Airport. 479 West Street, Amherst. 253-1350.

Trains

Amtrak. (1-800-872-7245 for schedules and reservations) The station is located in Springfield. Service to Boston, New Haven, and New York is available.

Metro-North. <http://www.mta.info/mnr/index.html>. If you can get a ride to new Haven, this train into NYC is only about \$20 return. Parking right next to the train station is \$11 for every 24 hours.

Worship

The local newspaper, the Daily Hampshire Gazette (584-5000) publishes a list of area churches, temples, and synagogues every Friday, with service times.

The Helen Hills Hills Chapel on campus offers several services every week, both nondenominational and specific religious groups), including an hour of silent meditation. Check the Chapel's calendar, posted on their website, for details: www.smith.edu/chapel (x2750).

TIPS FOR ENTERING ADAS REMINDERS FOR CONTINUING ADAS

- ❖ If you have earned more than 64 transferable credits, only 64 credits will be recorded on your Smith transcript, after a consultation with the Dean.
- ❖ The transfer credits awarded upon entrance are **degree** credits and may not be removed from your transcript. They may or may not be accepted by the department of your major. Decisions about transfer credit toward the major will be made **by that department**.
- ❖ It is faculty legislation for graduation that at least half of your total credits, or 64 credits, must be **OUTSIDE** the **program or department** of your major. Students interested in senior honors projects take note – especially those in English and Art (history or studio).
- ❖ Transfer credit can be used to satisfy the **Latin Honors distribution requirements**. Forms to request evaluation of courses for application to the seven fields of knowledge must be submitted to the Office of the Registrar. Check the *Course Catalogue* for information.

- ❖ Please be sure to see the Dean about your plan for satisfactory completion of degree requirements **at least two semesters before** you expect to reach the 128 credits needed for graduation, or at the time you have accumulated 96 credits.

Submission of Work to Faculty:

- Always deliver a paper or project to the faculty member in person. This is especially true for papers being turned in at odd times.
- Always keep a hard copy (not just a disk) of the final version of a paper.
- If you must mail a paper, always mail it certified with Return Receipt Requested, so that you have a record that you sent it and that someone signed for it. In the rare event that a professor asks that you *email* a paper, be sure to retain the “sent” email as a record, and track the status of the email by clicking on “File”, “Properties”, then click the “Status Tracking” tab in Groupwise **BEFORE** sending the email w/attachment.
- Petitions of any kind should be hand-delivered to the responsible person. Always offer to return to pick up anything you leave, to move it along in person.

The Free Drop. The faculty has legislated that all Smith students have the right to drop (actually remove) a course from their transcript at two (2) different times. They may do so once in their first year and they may do so once (only) in their subsequent years at Smith. This option may not be used twice in the first year, and if it is not used in the first year, it may only be exercised once after that year. Although ACs have the right to use the Free Drop option twice to eliminate a course from their transcript, there are financial consequences to this decision for Adas on financial aid. ACs on financial aid will only be allowed one occasion in which the number of credits they attempted as of the 15th day of classes is more than the number of credits completed. Any additional credits necessary for graduation must be made up at the student’s expense, during summer or January term. Please consult the Dean before deciding to drop a course.

The Free Drop Deadline. This deadline is the last day of the ninth week of classes, the same as the S/U deadline. Please disregard what you might hear about a different date.

Minimum Number of Credits. No financial aid is available for course programs of fewer than 8 credits in any given semester.

12-Credit Program Required. Students must be enrolled in at least 12 credits each semester to live in college housing, including: 150 Elm, Yale House, and the apartments on Bedford Terrace. Students who drop below 12 credits must leave campus housing in the semester following the one in which they did not follow a 12-credit program. Exceptions to this rule must be addressed by petition to the Administrative Board and to the Housing Coordinator.

Partial Credit Courses. Exercise and Sports Studies, Dance, and January term courses taken at other institutions. Up to 12 credits of the total of 64 transfer credits allowed can be in January courses. Note that Continuing Education courses at UMass in January are not paid for under the agreement of the Five-College Exchange and count as part of the total of transfer credits. Like all transfer courses, these must be pre-approved by the Dean.

Year-long Language Courses. The faculty has legislated that the first year of language courses has special regulations. If the S/U option can be exercised, it must be done by the end of the 9th week of the first semester of the course. Check the *Course Catalogue* for each department for more details. Some departments (East Asian Studies) allow credit for one semester only, but most do not.

Full-year Course Credits. Full year courses, whether eight credits or otherwise (some Honors theses, EDC 345d, some introductory language courses, some Music performance courses) carry half of the total credit in each semester.

Variable Credit. Some science classes and certain classes in other departments (American Studies, Astronomy, Computer Science, Philosophy, and Women's Studies) earn from 1 to 5 credits. In some departments, Special Studies have variable credit and in some departments these courses earn 4 credits. Check the *Catalogue* carefully.

NOTE: Any student contemplating a change in credits from one semester to the next, or a change in graduation date, should check with the Dean of the program to discuss possible academic and financial consequences before doing so.

Words of Wisdom

Schedule time to relax.

Explore the town to find your own favorite places.

Talk with your professors – go to their open hours. Make them respect you.

Don't be afraid to ask for help. That's what it's there for.

Enjoy yourself and your life at Smith. It's over so quickly.

When a Smith professor says read the book, that's exactly what you should do.

Get to know other Adas. You are not alone.

Take one step at a time and don't focus on huge, overwhelming projects. Just begin and plug away a little at a time.

Get involved your first year. Go to Convocation, Rally Day, Otelia Cromwell activities, etc. Climb a mountain on Mountain Day. You are here for the full experience.

If you are from the West Coast, prepare yourself for the winters and the culture shock.

Locate resource pools!

Remember that you do not need to attend everything – pace yourself.

Try to get settled before the semester begins.

Try to get off campus as much as possible.

Pack light. Bring hangers.

Take naps!!!