

Facilities

Smith's four-building sports complex includes an indoor track and tennis facility, two gymnasiums, locker facilities, ergometer room, rock climbing wall, fitness studio with spring wood floor and fencing lines, an athletic training room, squash courts and a human performance laboratory. Surrounding the indoor tennis courts is a 200-meter, six-lane Tartan track; adjacent to the oval are two eight-lane straightaways, 55m sprint-and-hurdle segments as well as all field-event stations. The track, one of the fastest on the East Coast, has been the

setting for New England, ECAC regionals and three NCAA Division III championships.

Smith's 400-meter Eurotan S track includes two long- and triple-jump pits with dual runways; two pole-vault pits with adjacent runways; two shot circles; a dual-purpose hammer and discus cage; and a javelin area just inside the oval. The 6,000-meter championship cross-country course, which is considered to be one of the top five in New England, is adjacent to the athletic fields and winds through scenic New England countryside.

Coach Carla Coffey



- Hall of Fame Committee, 2008–present
- ▶ USA Track and Field
 - Managed Women's World Team, Barcelona, 1995
 - Assistant Commissioner, U.S. Sports Festival, 1993–95
 - Coached World Team, Toronto, 1993
- ▶ USA Junior Track and Field
 - Head Coach, Italy, 2004
 - Head Manager, Chile, 2000
 - Manager, Bulgaria, 1990
- ▶ NEWMAC Coach of the Year, 1997, 2004
- ▶ NCAA Track & Field Rules Committee, 1981–86
- ▶ Competed in Pan Am & Olympic Trials, 1971, 1972
- ▶ DGWS National Champion, 100m hurdles, 1971; 200m hurdles runner-up, 1971; 200m American 1971

- ▶ 18th season at Smith
- ▶ USATF Zero Tolerance Task Force, 2007–present
- ▶ USW Track Coaches Association
 - Vice president, 2003–06
 - Advisory Board, 1986–present
 - Service Award, 1997
 - Northeast Regional Coach of the Year, 1995
 - USAWTF Development Committee, 1980–present

2009–10 Schedule

Dec. 5	Smith College Winter Classic	10 a.m.
Dec. 12	Harvard Open	9 a.m.
Jan. 23	Brandeis Invitational	11 a.m.
Jan. 30	Tufts Invitational	11 a.m.
Feb. 6	Smith Tartan Invitational	10 a.m.
Feb. 12	Boston University Valentine Invitational	noon
Feb. 13	MIT Invitational	10 a.m.
Feb. 20	New England III Championships at USM	10 a.m.
Feb. 26–27	Open New England Championships at BU	noon
Mar. 5–6	ECAC Championships	TBA
Mar. 12–13	NCAA Championships at DePauw	TBA
Mar. 13–20	Spring Break Trip	TBA
Mar. 27	Westfield Invitational	11 a.m.
Apr. 3	Mt. Holyoke Invitational	noon
Apr. 10	Fitchburg State Invitational	11 a.m.
Apr. 17	Bowdoin Aloha Relays	11 a.m.
Apr. 24	NEWMAC Championships at Springfield	11 a.m.
Apr. 30–May 1	New England Championships at Tufts	10 a.m.
May 6–8	Open New England Championships at Northeastern	11 a.m.
May 20–21	ECAC Championships	11 a.m.
May 27–29	NCAA Championships at Baldwin Wallace	TBA

Home events in brown type.

“One of the things that makes Smith so special is the opportunity it offers to combine the best in academics and athletics. The result is a truly rich and rewarding experience for the individual in terms of accomplishments and enduring memories. Achieving all this on a beautiful campus, in an atmosphere of support and enthusiasm, leaves a lasting impression on all Smith athletes.”

Carla Coffey, track and field coach

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2009–10



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Cover: Etta Grover-Silva '10, engineering major, Arcata, CA

Notice of Nondiscrimination

Smith College is committed to maintaining a diverse community in an atmosphere of mutual respect and appreciation of differences. Smith College does not discriminate in its educational and employment policies on the bases of race, color, creed, religion, national/ethnic origin, sex, sexual orientation, age, or with regard to the bases outlined in the Veterans Readjustment Act and the Americans with Disabilities Act. Smith's admission policies and practices are guided by the same principle, concerning women applying to the undergraduate program and all applicants to the graduate programs. For more information, please contact the adviser for equity complaints, College Hall 103, (413) 585-2141, or visit www.smith.edu/diversity.



Track & Field



The track and field program at Smith College has a history of strength at the conference, regional and national levels. The coaching staff takes pride in providing individual attention, superb technical advice, and intelligently and carefully supervised training programs for all athletes in all events. Each athlete sets individual goals in concert with the coaching staff. These goals establish the direction and purpose for the track & field program and make ambitions, hard work and risk taking exciting and satisfying. Athletes strive for improvements on personal records in their meet events as well as in daily practice. Every Smith athlete has the opportunity to reach her full potential.

At the very competitive NEWMAC Championship, the 2009 team regained its top four standing. The Pioneers placed in the top twenty in both the New England indoor and outdoor championships and improved nine places (19th) and 21 places (14th) at the ECAC Indoor and Outdoor Championships.

2009 Outlook

The 2009 team matured with individual performances consistently improving throughout the season. Returning to lead the Pioneers will be four-time All American pole vaulter and tri-captain Etta Grover-Silva who was the Indoor New England III and ECAC champion, runner-up at Open New Englands and placed sixth at the NCAA Indoor National Championship. Her

mark of 12'7.5" that was set at the ECAC Championship was a personal best as well as a Smith record. Tri-captain Anna Cressotti will lead the distance corp that returns Ulrika Botzojorns, Kathleen Given, Carolyn Hoeckman-Percival, Kristin Peck, and Elizabeth Rosenfield. Smith's third captain, Ruby Western, who was the ECAC Outdoor Discus Champion, returns to lead a strong squad of throwers including Shakwana Etienne and Alexandra Rissi. A talented group of sprinters return including Kaitlin Eison-Washington, Mary Cote, Uzuri Sims, Alice Kaufman and Anna Leverage. Cote will see double duty as she will lead an experienced group of jumpers including Kristen Morgan, Neelma Qureshi and Jean Egger. With a talented incoming first-year class, the Pioneers look forward to another successful season in 2009–10.



Uzuri Sims '11, psychology and neuroscience majors, San Diego, CA

Individual Honors

National Champions

Meg White, 5000m, 10,000m, 1988
Gwyn Hardesty, 3000m, 1985, 1986 (3-time)

All-Americans*

Etta Grover-Silva 2008, (2-time); 2009 (2-time)
Shayla Livingston, 2007
Teresa Winstead, 1997–99
Genesis Fisher, 1999

NEWMAC All-Conference**

Caitlin Ritchie, 2009 1st team
Shakwana Etienne, 2009 2nd team
Etta Grover-Silva, 2007–09, 2nd team
Shayla Livingston, 2005, 2007 2nd team
McKane Sharff, 2005, 2006 2nd team, 2007 2nd team
Liz Kelley, 2006
Nora Youngs, 2006
Rachel Grandpre, 2005
Jillian Wilson, 2005
Katie Walters-Krohn, 2003 2nd team, 2004, 2005 2nd team, 2006
Tanya Nesbitt, 2004–05

NEWMAC Athlete of the Year

Sara Lewicke, 2002
Amy Saari, 1998
Teresa Winstead, 1997

NEWMAC Rookie of the Year

Kate Hanscom, 1995

NEWMAC Academic All-Conference**

Nora Youngs, 2009
Carolyn Hoeckman-Percival, 2009

Alice Kaufman, 2009
Etta Grover-Silva, 2008–09
Anna Cressotti, 2008–09
Leonora Pepper, 2008–09
Caitlin Ritchie, 2007, 2009
Alison Cloutier, 2006–08
McKane Sharff, 2005–07
Shayla Livingston, 2005–07
Rebecca Staples-Moore, 2006
Erin Cowles, 2005
Jillian Wilson, 2005
Maria Gonchoroff, 2005–06
Elizabeth Sherlock, 2004–05
Tanya Nesbitt, 2004–05
Kimberly Lockwood, 2003–05

Team Honors

NCAA National Championships:

Indoor*
2009, 48th
2008, 46th place
1998, 30th place

NCAA National Championships:

Outdoor
2009, 73rd
2008, 67th place
2007, 44th place
1999, 59th place
1997, 53rd place

ECAC Division III Championships: Indoor*

2009, 19th place
2008, 28th place
2007, 27th place
2004, 38th place
2001, 29th place
2000, 26th place
1999, 18th place

ECAC Division III Championships: Outdoor

2009, 14th place
2008, 35th place
2007, 11th place

New England III Championships: Indoor**

2009, 13th place
2008, 14th place
2007, 11th place
2006, 17th place
2005, 13th place

New England III Championships: Outdoor**

2009, 16th place
2008, 25th place
2007, 12th place
2006, 15th place
2005, 24th place

NEWMAC Championships**

2009, 4th place
2008, 5th place
2007, 4th place

Indoor Records

EVENT		DATE
55m Dash	McKane Sharff '07	7.25 2007
200m Dash	McKane Sharff '07	26.12 2007
400m Dash	Tanya Nesbitt '05	57.86 2004
500m Dash	Anne Gonnella '92	1:18.34 2004
600m Dash	Mary Saari '98	1:38.51 1997
800m Run	Jay Hartshorn '95	2:16.41 1992
1000m Run	Amy Saari '98	3:01.32 1998
1500m Run	Gwyn Hardesty '87	4:42.62 1986
3000m Run	Gwyn Hardesty '87	9:52.54 1986
5000m Run	Pam Maryanski '01	17:58.69 1999
55m Hurdles	Shayla Livingston '07	8.75 2005
Long Jump	Deb Ahern '90	18'6.5" 1988
Triple Jump	Kate Hanscom '98	35'8" 1995
High Jump	Teresa Winstead '99	5'5" 1999
Pole Vault	Etta Grover-Silva '10	12'7.5" 2009
Shot Put	Genesis Fisher '00	41'11½" 1998
20 lb. Weight	Katie Walters-Krohn '06	46'2" 2006
Pentathlon	Teresa Winstead '99	3077 pts. 1996
4 × 200m relay	Charlotte Walters '98 Sarah Wheeler '99 Kate Farneth '98 Mary Spelman '98 Teresa Winstead '99 Kate Farneth '98 Mary Saari '98 Mary Spelman '98	1:47.86 1996
4 × 400m relay	Alyson Montgomery '92 Monica Bolland '93 Shannon Beausoleil '92	3:52.16 1997
4 × 800m relay	Jay Hartshorn '95 Katie Marlowe '04 Kate Hobbs '04 Claire Williams '03 Sara Lewicke '04	9:39.10 1992
DMR		12:46.46 2001

2006, 4th place
2005, 4th place

Team Awards

Most Valuable Performer

Indoor: Etta Grover-Silva
Outdoor: Anna Cressotti

Most Improved

Indoor: Uzuri Sims
Outdoor: Leonora Pepper and Shakwana Etienne

Rookie of the Year

Indoor: Mary Cote
Outdoor: Ruby Western

Coach's Award

Indoor: Alice Kaufman
Outdoor: Caitlin Ritchie

* Reflects past 10 years only.

** Reflects past 5 years only.



Ruby Western '12, Burlington, VT

Outdoor Records

EVENT		DATE
100m Dash	Rokki Espie '96	12.46 1995
200 m Dash	Shayla Livingston '07	25.40 2007
400m Dash	Tanya Nesbitt '05	58.24 2004
800m Run	Alyson Montgomery '92	2:16.51 1990
1500m Run	Gwyn Hardesty '87	4:33.51 1986
3000m Run	Gwyn Hardesty '87	9:36.80 1986
5000m Run	Meg White '90	17:00.19 1988
10000m Run	Meg White '90	35:19.34 1988
100m Hurdles	Shayla Livingston '07	14.99 2007
400m Hurdles	Shayla Livingston '07	61.07 2007
Steeplechase	Sara Lewicke '04	10:51.30 2002
Heptathlon	Teresa Winstead '99	4,855 pts. 1998
Long Jump	Deb Ahern '90	18'5" 1988
Triple Jump	Deb Ahern '90	36'5.5" 1990
High Jump	Teresa Winstead '99	5'6¾" 1998
Pole Vault	Etta Grover-Silva '10	12'2.5" 2008
Shot Put	Genesis Fisher '00	44' 2000
Discus	Ruby Western	138'2.25" 2009
Javelin	Cannon Price '88	124'4" 1986
Hammer	Katie Walters-Krohn '06	146'10" 2005
4 × 100m relay	Rokki Espie '96 Yewande James '97 Lisa Hornick '97 Afiya Ricks '97	47.70 1994
4 × 400m relay	Mary Spelman '98 Amy Saari '98 Kate Farneth '98 Mary Saari '98	3:54.41 1998
4 × 800m relay	Pam Gemery '88 Amy Meek '87 Mary Beth Kendall '87 Joann Broderick '88	9:38.46 1987