

Facilities

Indoor

In Smith's four-building sports complex, you'll find an indoor track and tennis facility, two gymnasiums, locker facilities, ergometer room, rock climbing wall, fitness studio with spring wood floor and fencing lines, an athletic training room, five ASB glass-backed international squash courts and a human performance laboratory as well as coaches' and administrative offices. Surrounding the four indoor tennis courts is a 200-meter, six-lane Tartan track; adjacent to the oval are two eight-lane straightaways, 55m sprint-and-hurdle segments as well as all field-event stations. The track, one of the fastest on the East Coast, has been the setting for New England, ECAC regionals and three NCAA Division III championships. The aquatic facilities include a six-lane, 25-yard pool, one- and three-meter diving boards, an underwater observation window and a Colorado timing and diving judging system and scoreboard. The new \$4 million Olin Fitness Center that opened in January 2004 will accommodate all your fitness needs. The 4,816-square-foot space has glass walls facing the north and south, which form a 1,600-square-foot skylight, and houses 35 aerobic machines with individual television monitors, 40 selectorized weight machines and multiple free-weight stations.

Outdoor

Our equestrian center consists of a 100'x250' indoor arena with a large, heated observation area; two outdoor rings; turnout paddocks; a five-acre field and miles of wooded trails. The barn has 40 stalls, two tack rooms, a laundry, a wash stall and offices. Smith's 400-meter Eurotan S track includes two long- and triple-jump pits with dual runways; two pole-vault pits with adjacent runways; two shot circles; a dual-purpose hammer and discus cage; and a javelin area just inside the oval. Smith's athletic grass fields, with two field hockey fields (one with lights for night play) and a soccer/lacrosse field, are adjacent to the 12 lighted tennis courts. The 6,000-meter championship cross-country course, which is considered to be one of the top five in New England, is adjacent to the athletic fields and winds through scenic New England countryside. Softball practice and games take place in our fully enclosed softball diamond with skinned infield, dugouts and batting cage. The Pioneers row on the nearby Connecticut River. The Smith boathouse houses shells (eights and fours) for use in training and competition. The ski team does most of its dryland training on campus. The team's on-hill training is at Berkshire East Ski Area in Charlemont, Massachusetts, a 45-minute drive from campus. Berkshire East has excellent training facilities and hosts several races each year, including the high school state championships and all levels of USSA and FIS races.



Coach Wendy Walker

- ▶ Seventh year at Smith
- ▶ Assistant lacrosse coach at Boston College and the College of the Holy Cross
- ▶ Lacrosse clinician
- ▶ All-America, All-Region and All-State player at William Smith College
- ▶ NCAA Women's Coaching Academy, 2008
- ▶ ECAC Selection Committee, 2009
- ▶ Smith College Coach of the Year, 2009

If you want to combine academic challenge with athletic competition, consider Smith. Come see our facilities. Talk to our coaches and current lacrosse team members. We think you'll find ours to be one of the nation's outstanding athletic programs!

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2009-10



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Cover: Kaitlyn Murdough '10, biological sciences major, Hinsdale, NH

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Lacrosse



Lacrosse at Smith

Smith lacrosse returns 18 of 20 players in 2010. Graduating co-captains, attacker Blair Rapalyea and defender Dani Schmandt, leave a talented young team that came together as a strong unit under their leadership.

Smith's attack returns three of its top scorers. Senior captain Carolyn Whiting, along with senior Michelle Walsh and sophomore Meaghan Fileti will provide the squad leadership and scoring power. Sofia Nakhnikian-Weintraub and Alex Page will all be called upon to provide consistency and determined urgency to the attacking unit.

Executing with speed and tenacity on both ends of the field will be sophomore midfielders Phoebe Hopkins (third leading scorer in 2009, co-leader in draw controls) and MK Pasini. This hardworking duo tallied 97 groundballs and 51 draw controls. Sophomore midfielder Bethany McGann will be called upon to serve as one of the team's draw specialists. The drive and intensity of these three, coupled with a year of experience together, points toward an aggressive presence in the midfield.

The defense returns a quick and cohesive group led by senior captain Kate Murdough, junior Liz Mauro and sophomore MK Pasini and Phoebe Hopkins. Murdough, who finished the regular season leading the NEWMAC in both caused turnovers and ground balls, will be looked

upon to anchor the defense. Rounding out the defense will be Megan Smith, Liz Guyman and Rachel Wick with returning goalkeepers Chelsea Henderson and Liz Niehoff.

Solid experience and hard work in 2009 has the 2010 squad excited to continue playing and living its motto: "strong together." The incoming first-years will add tremendously to the mission of the program and success on the field. The team's focus for this year is finishing in the top of the NEWMAC and ultimately a conference championship.

The Season

The Smith lacrosse team uses a full 19-week season and begins its traditional season indoors during the first week of February. The team utilizes the full-sized indoor track and tennis facility until the weather permits a move outside. The team travels to West Palm Beach, Florida, for spring break where they play two to three games. Once back in New England, Smith will face independents Elms, Skidmore, Western New England, Keene State, New England and UMass-Dartmouth as well as NEWMAC opponents Babson, Wellesley, MIT, Wheaton, Mount Holyoke and Springfield.

Returning Players

Meaghan Fileti '12, Palos Verdes Estates, CA; *midfield*
Elizabeth Guyman '11, Seattle, WA; *defense*



Smith lacrosse 2009

Chelsea Henderson '10, White Plains, NY; *goalkeeper*
Phoebe Hopkins '12, Philadelphia, PA; *midfield*
Alayna Liptak '11, Leeds, MA; *attack* (JYA)
Elizabeth Mauro '11, Manalapan, NJ; *defense*
Bethany McGann '12, Arlington, VA; *midfield/attack*
Kaitlyn Murdough '10, Hinsdale, NH; *defense*
Sofia Nakhnikian-Weintraub '12, Eugene, OR; *attack*
Elizabeth Niehoff '11, Bronxville, NY; *goalkeeper*
Mary Pasini '12, Columbus, OH; *midfield*
Alexandra Page '12, Brookline, MA; *attack*
Megan Smith '12, Bainbridge Island, WA; *defense*
Michelle Walsh '10, Northampton, MA; *attack*
Eve Whitehouse '11, North Reading, MA; *midfield/defense*
Carolyn Whiting '10, South Orange, NJ; *attack*
Rachel Wick '12, Northampton, MA; *defense*

Individual Honors

Northeast All-Americans
Alexa Wilder, 1997
Jennifer Myers, 1994

Hilary Jones, 1992
Cheryl Plummer, 1990, 1992
Tara Goodrich, 1990

NEWMAC Player of the Year
Hilary Jones, 1991–92

NEWMAC All-Conference Team*
Sara Smyth, 2006–08, 2nd team
Sara Smith, 2005, 2nd team;
2006–08, 1st team
Caitlin Kennedy, 2008, 1st team
Bonnie Ewald, 2004 honorable mention
Ashley Capute, 2003
Hadley Gerhardt, 2001–02
Amanda Edelhart, 1999–2001
Betsy Eikinton, 2000
Meg Cuskley, 2000

NEWMAC Academic All-Conference*
Alayna Liptak, 2009
Blair Rapalyea, 2009
Emilly Riff, 2007–08
Stobhan O'Riordan, 2006–07
Gabrielle Stump, 2004–05
Allison Kenyon, 2003–04
Bonnie Ewald, 2003–04
Leigh Weisenburger, 2004
Kara Gibson, 2003
Anne Miller, 2003
Arin Brenner, 2002
Michelle Bonetti, 2000, 2002
Mary Ballantyne, 1998–2000
Marjorie Knepp, 2000–01
Monica Garlick, 2000

Leah Kotok, 2000
Johanna Rosen, 2000

* Covers past 10 years only

IWLCA Academic Squad
Amanda Edelhart, 2000

Team Honors

ECAC Championship
1991, semifinalist

NEWMAC Championship
2009, quarterfinalist
2008, quarterfinalist
2007, semifinalist
2006, quarterfinalist
2005, quarterfinalist
2004, quarterfinalist
2003, quarterfinalist
2002, 7th place
2001, 5th place
2000, 2nd place

NEWMAC Sportsmanship Award
2009



Mary Pasini '12, Columbus, OH

2010 Schedule

Mar. 10	Western New England	4 p.m.
Mar. 13–21	Spring Break	TBA
Mar. 24	Elms	4:30 p.m.
Mar. 27	Babson*	1 p.m.
Mar. 31	Skidmore	7 p.m.
Apr. 3	Wellesley*	1 p.m.
Apr. 8	New England	5 p.m.
Apr. 10	MIT*	1 p.m.
Apr. 13	Westfield State	7 p.m.
Apr. 15	Keene State	7 p.m.
Apr. 17	Wheaton*	1 p.m.
Apr. 20	Mount Holyoke*	7 p.m.
Apr. 22	UMass–Dartmouth	7 p.m.
Apr. 24	Springfield*	1 p.m.
Apr. 28	NEWMAC Quarterfinals	TBA
May 1–2	NEWMAC Championship	TBA

*NEWMAC games. Home games in brown type.



Carolyn Whiting '10, biological sciences major, South Orange, NJ