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**Parent Reading List**  
**Compiled by Sidonia Dalby, Associate Director of Admission**

**A Woman's Education**, Jill Ker Conway

**Almost Grown; Launching your Child from High School to College**, Patricia Pasick

**Crazy Busy: Overstretched, Overbooked and About to Snap! Strategies for Handling Your Face-Paced Life**, Edward M. Hallowell, MD

**Doors Open from Both Sides and I'll Miss You, Too: What will Change, What will Not, and How We'll Stay Connected**, Margo Bane Woodacre

**Getting Things Done: The Art of Stress-Free Productivity**, David Allen

**How to Survive and Thrive in an Empty Nest: Reclaiming Your Life When Children Have Grown**, Jeannette and Robert Lauer

**Less Stress, More Success, A New Approach to Guiding Your Teen Through College Admissions and Beyond**, Marilee Jones and Kenneth R. Ginsburg

**Letting Go: A Parents' Guide to Understanding the College Years**, Karen Levin Coburn and Madge Lawrence Treeger

**Panicked Parents' Guide to College Admissions: Words of Wisdom for Surviving the College Admission Process**, Sally Rubenstone and Sidonia Dalby

**Parents' Guide to College Life**, Robin Raskin

**Parenting the Millennial Generation**, David Verhaagen

**The Launching Years: Strategies for Parenting from Senior Year to College Life**, Laura Kastner and Jennifer Wyatt

**The Pressured Child**, Michael Thompson

**The Procrastinator's Handbook: Mastering the Art of Doing it Now**, Rita Emmett

**Ready or Not, Here Life Comes**, Mel Levine

**When Hope and Fear Collide: A Portrait of Today's College Student**, Jeanette Cureton and Arthur Levine

**Worry, Hope and Help for a Common Condition**, Edward M. Hallowell MD