

The Northampton Community Section

NOTE: This Section contains information, collected by Adas, that may be useful to you in settling in to the Northampton Community. The following pages are meant to include tips and contact information, not endorsements. If you discover errors, please do not hesitate to contact the Ada Office with corrections for subsequent editions of the Handbook. Unless otherwise noted, ALL PHONE NUMBERS ARE IN NORTHAMPTON, AREA CODE 413; Springfield, Greenfield, and other outlying towns are outside the local calling area and you will need to dial the area code.

ALWAYS YOUR BEST BET

Swap Services. If you know how to cut hair, sew buttons, type, or babysit, trade your expertise with another Ada who can help you with your needs. Advertise for free in *The Comstock Lode*, our monthly newsletter. Helping each other is the most important service we can provide, even if helping is simply quizzing an Ada on her test material. Companionship and support have great value.

AUTO REPAIR

ARC Garage. (John) An honest and very clean shop, for imports and Dodge Caravan, 320 Riverside Drive, (near the high school). 584-7098.

Auto Glass Specialists, Inc. (Kind, helpful, & competent). 297 Pleasant Street. 586-8388.

Cahillane Chrysler-Plymouth Jeep Eagle. 527-2620.

City Auto Repair. Quick service right in town. Very thorough. All makes, both foreign and domestic. 110 Pleasant Street. 584-6000.

Competition Motors. (Jay) Honest. Good. Close. 8 Pearl Street. 584-5496.

Country Nissan. Greenfield (off Interstate Route 91 North). (413) 774-3121.

Duffy's Front End Service. Great, local-family operation. 200 Bridge Street. 584-3815

Gateway Motors. If you own a Honda! Compassionate, intelligent car repair. 236 Pleasant Street. 584-8757.

King Auto Body. Competent body shop. 141 King Street. 584-1356.

Northampton Tire. (Russ & Mike) Good prices. Full repair shop. Good work. Will drive you back to campus after you drop the car off. 182 King Street. 584-6221.

Performance Motoring Company. Volvo specialists. Ask for John Ward. 315 Russell Street, Rt. 9, Hadley. 584-6090.

Pleasant Journey Used Cars Inc. 459 Pleasant Street, Northampton. 586-8150.

Toad's Kin Car Company. (Excellent mechanics, complete and trust-worthy service). Foreign car repairs. 5 Middle Street, Florence. 584-5102.

BANKS

There are several banks conveniently located within the downtown area. To find out about the services they offer, contact each bank individually.

The following banks are listed due to their convenience to downtown and the college campus:

First Mass Bank. 175 Main St. & 170 N. King St. 584-7250. <http://firstmass.banknorth.com>

FleetBank. 79 King Street, Northampton. 586-5935.

Florence Savings Bank. Branches at 58 Main Street (582-9400) and 176 King Street (582-9380, Northampton, and 85 Main Street (586-1300), Florence. (Free checking available!)

Northampton Cooperative Bank. 67 King Street, Northampton. 584-4474.

CHILDCARE

Since childcare needs vary greatly depending upon the ages of your children, your childcare needs must be met individually. Northampton does have a fair number of day care centers and nursery schools for pre-school children. Northampton and Amherst are packed with a variety of extra-curricular activities for children of all ages. The public libraries are a good place to find brochures about on-going programs, vacation and summer camps, and workshops of all kinds. The Daily Hampshire *Gazette* and the weekly *Advocate* newspapers are good sources, as well. Here are a few other suggestions:

Alternative Childcare (baby sitters). One of the most effective ways to find babysitting resources for times when your child may not be at day care is to talk to other Adas who have young children. If they don't have suggestions for babysitters, they may be willing to share childcare, with each parent taking turns. You may also find traditional students who are willing to baby-sit. Every autumn a list of traditional undergraduate students interested in babysitting is available.

Apple Tree Cooperative Nursery School. Main Street, Haydenville. 268-7434.

Cloverdale Cooperative Nursery School. 130 Pine Street, Florence. 586-1106.

Hampshire Community Action Commission. This is a great resource center for housing too! 56 Vernon Street, Northampton. 582-4212 or 582-4218.

Hampshire County Headstart. 283 Prospect Street, Northampton. 586-1399.

Kidsports Family Fun and Fitness Center of Hadley. The ultimate kids' heaven. 317 Russell Street (Route 9), Hadley. 586-0633.

Meowlark Day Nursery School. 283 Prospect Street, Northampton, (413) 586-1951.

Nonotuck Community School. 421 N. Main Street, Leeds. 586-5996.

People's Institute. Close, convenient, affordable. Has after-school care and school vacation care through fifth grade. 38 Gothic Street, Northampton. 584-8313.

Smith Childcare at Sunnyside. 70 Paradise Road, Northampton. 585-2293.

Hampshire/Franklin Area Office for Children. For more information on Day Care Centers in the Northampton Area, call 584-7970 or 584-7972.

CHILDREN'S PROGRAMS

In addition to after-school and summer programs, many schools in the Pioneer Valley offer alternatives to traditional public schools. Consult with other parents to learn about the broad spectrum of possibilities, including scholarships to private schools. Here are some additional suggestions:

Amherst Leisure Services. This is a great source for information about youth organizations. They offer a multitude of programs, plus they have their own subsidy plan available for those who qualify. Amherst. 256-4065.

Forbes Library. Offers a scheduled story hour and free movies. West Street, Northampton. 584-3970.

Inn at Northampton. Offers summer pool passes for families. 1 Atwood Drive, Northampton. 586-1211.

Jones Library. This library has an extensive list of area summer camps, either overnight or day; also available is a listing of special children's programs in the area. 43 Amity Street, Amherst. 256-4090.

Kidsports Family Fun and Fitness Center of Hadley. Young children adventure playground, indoor courts, after-school programs, adult gym, daycare, etc. The ultimate kids' (and parents') heaven. 317 Russell Street (Route 9), Hadley. 586-0633.

Look Memorial Park. Summer programs only. North Main Street, Florence. 584-5457.

Northampton Community Music Center. 139 South Street, Northampton. 585-0001.

People's Institute. Offers after-school activities such as gymnastics, arts and crafts, cooking, etc. 38 Gothic Street, Northampton. 584-8313.

Skating Club of Amherst. Amherst. 253-6388.

YMCA. Membership fee is required, but some financial assistance is available. Has an active swimming program, as well as gymnastics, ballet, arts and crafts, etc. 286 Prospect Street, Northampton. 584-7086.

COMPUTER/OFFICE SUPPLIES

Computer City and **Circuit City** are located next to the Holyoke/Ingleside Mall.

College Pro Computers. Very inexpensive computer parts & accessories. 206 Russell Road (Rt. 9, next to the Hadley Pub), Hadley. 584-8857

Metcalf Printing Company. Really cheap paper and envelopes. 204 Main Street, Northampton. 584-1817.

PC Warehouse is located in West Springfield, Riverside Shops.

Staples. For cheap reams of 8.5 x 11 white bond paper. 125 Westgate Center (Route 9), Hadley. 253-2599.

Whalen Stationers. Old-fashioned family hometown business. 162 Main Street, Northampton. 584-3794. Also on Damon Road, Northampton.

Yes Computers. Specializing in Macintosh. King Street, Northampton. 585-0007.

COUNSELING SERVICES

First Call for Help. An information and referral program plus the emergency fuel bank. It has every kind of assistance available in the area and links people to available county resources. Definitely your first call when you need help. (800) 339-7779 or 582-4237.

Counseling Services at Smith College. Services are provided free of charge to students. No long-term care is available, but counselors can provide referrals in the area. 69 Paradise Road, Northampton. (x2840) 585-2840.

Children's Aid & Family Services. This organization has an excellent group of children's therapists. 8 Trumbull Street, Northampton, (413) 584-5690.

Everywoman's Center. Offers a variety of counseling, workshops, lectures, and referral services. Excellent feminist counseling available. Contact them for a catalogue of all area therapists and their special area of counseling. This catalogue is also available at the Jones Library in Amherst and Wilder Hall on the University of Massachusetts campus. For more details, call 545-0883.

Safe Passage. An organization for battered women and their children, including a hotline, legal/court advocacy, shelter, childcare, administration, fundraising, and internships. Northampton. 586-1125.

Parents Helping Parents. This parent support group meets weekly at St. John's Episcopal Church (with the playground you can see from campus). This group is for parents who are looking to improve their relationship with their children. Free, confidential, and childcare is available. For more information, call 1-800-882-1250.

ServiceNet. If you don't have Smith Health Insurance or find that the Smith Counseling Service does not meet your needs, ServiceNet has counselors and a sliding fee plan to help with financial difficulties. Located in Northampton/Amherst areas. 584-7329.

Tapestry Health Systems. Confidential HIV testing, abortion counseling, and family planning services and counseling available. 16 Center Street, Northampton. 586-2016.

HEALTH CARE SERVICES

Reminder: If you are on the Smith College Health Plan, you must check with Health Services before seeking outside care or your insurance will not cover the treatment.

Chiropractors

Hadley Family Chiropractic. 187 Russell Street, Hadley. 586-6521.

Dr. Katherine Klemer. 16 Center Street, Northampton. 584-7949.

Edward M. Novak. 293 Russell Street, Hadley. 584-8976.

Binca Warren. Within walking distance to campus. 26 Elm Street, Northampton. 784-2902.

State Street Chiropractic. Dr Mark Tanny. Across the street from Serio's Market. 582-9111

Dentists

James Clayton, O.M.D. 63 Prospect Street, Northampton. 584-5199.

Jeffrey Eisman. Evening hours by appointment. 650 Main Street, Amherst. 253-9582.

Sander Fasten. Especially comforting to children or adults who feel like kids. 12 Center Street, Northampton. 586-4510.

Barbara W. Freed. Very reasonable rates (Smith Alumna). 27 Pray Street, Amherst. 549-3608.

Howard F. Kantor. Conveniently located and affiliated with Kenny, Bissell, and Bartlett (see Physicians). Dentistry for Children and Adolescents. 193 Locust Street, Northampton. 584-7773.

Valerie L. Karraker. Very reasonable rates, evening hours. 241 King Street (Potpourri Mall), Northampton. 586-4200.

Mark Klepacki. On the bus route; meticulous, attentive care in a friendly atmosphere. Evening appointments available. 190 Russell Street, Hadley. 586-3306.

Fritz Mesloh. Good vibes. Good dentist. Greenfield. (413) 774-7796.

Michael J. O'Brien. Family dentistry. 41 Locust Street, Northampton. 586-0716.

Linda E. Rigali. Orthodontist (Dr. Clayton's wife). 51 Locust Street, Northampton. 586-8455.

Jeffrey A. Traft. 16 Center Street, Northampton. 584-3721.

Martin Wohl. 193 Locust Street, Northampton, (413) 586-6180.

Eye Doctors

Bruce Bleiman. Ophthalmologist (eye specialist). Great with kids! (husband of Ada Comstock alumna) 51 Locust Street, Northampton. 584-6422.

Dr. Maribeth Erb. Optometrist. Vision exams, eye glasses, contact lenses. Corner of Main and South Street, Sullivan Square, Northampton. 584-6616.

FREE EYEGLASSES FOR CHILDREN

The Community United Way has been chosen to work with LensCrafters Foundation to provide FREE eye exams and glasses to children (6-18 years of age) of low income or working poor residents in our area. If you know of any children who are in need of glasses and would benefit from this free program, please call The Community United Way First Call service at (413) 737-2712, Monday through Friday from 8:30 a.m. to 4:30 p.m.

Physicians

Norman Brown. Internal medicine gastroenterologist. 190 Nonotuck Street, Florence. 584-9511.

Cooley Dickinson Hospital Emergency Room. Medical services always available; convenient; will refer you to an appropriate physician. 30 Locust Street, Northampton. 584-4090.

Hampshire OB-GYN. 61 Locust Street, Northampton. 584-2303.

Northampton Pediatric. Pediatric and adolescent medicine. 193 Locust Street, Northampton. 584-8700; Amherst office at 170 University Drive (587-3224).

Dr. Alicia Landman-Reiner. Recommended by Smith Health Services. 16 Center Street, Northampton. 586-5404.

Northampton Physical Therapy Clinic, Linda Beaulieu. 17 South Street, Northampton. 582-0005.

Dr. Russ Thomas. Kind, smart, takes lots of time. Wonderful! Greenfield, (413) 775-0240.

Veterinarians

Mark Berens, DVM. 185 Locust, Northampton. 584-9477.

Russell A. Hansen. Northampton Veterinary Clinic, 227 South Street (Route 10), Northampton. 584-6309.

Michael L. Katz. Very good with small animals; reasonable fees; readily available. Hampshire Veterinary Hospital, 65 University Drive, Amherst. 549-5800.

Nancy J. Lewis-Owen. Good with small animals; hours by appointment (Smith Alumna). North King Animal Clinic, North King Street, Northampton. 584-9178.

Debora Lichtenberg Veterinary Hospital. 2 Belchertown Road, Pelham, (413) 253-7797.

Rowley Animal Hospital. 53 Bliss Street, Springfield, (413) 786-1221. 24-hour emergency care.

Valley Veterinary Hospital. 320 Russell (Route 9), Hadley. 584-1223.

HOUSING ASSISTANCE

NOTE: A word of advice to anyone thinking of applying for subsidized housing. The waiting list for most of these programs can be as long as a year and a half.

Housing Allowance Program. If you are eligible for subsidized housing, the Housing Allowance Program located at 135 State Street in Springfield (1-800-332-9667) is probably the best agency to turn to for help. Eligibility is determined according to family size and income and eligibility criteria are very broad. Under this program, one pays a percentage of income towards rent directly to the landlord, while the Housing Allowance Program pays the remainder through a state subsidy.

Northampton Housing Authority. The Northampton Housing Authority has two developments, one in Florence and one in Northampton (on Bridge Road off King Street). Selection is determined by income and availability. In addition, there is also scattered site housing available, whereby the tenant can locate an apartment in the community and obtain financial assistance similar to the Housing Allowance Program. For further information about Section eight housing within the City of Northampton, contact the Northampton Housing Authority at 81 Conz Street, Northampton, at 586-0170. (These apartments are usually full and have a waiting list.)

LAUNDROMAT & CLEANERS

Green Street Laundromat. 44 Green Street, in the basement. Practically on campus.

Masonic Street Maytag Laundry. 18 Masonic Street, Northampton. 586-6995.

Main Street Cleaners. Student discounts. Reliable dry cleaning in two days; next day service available. 193 Main Street, Northampton. 586-4359.

The **Washing Well** in Florence has good machines and cheap prices. Located in the Dairy Mart Plaza.

LIBRARIES

Forbes Library. A wealth of resources can be found here; Calvin Coolidge memorabilia, local history, films, slides, records, periodicals and books. Cards are available to any Massachusetts resident with proof of residency. Excellent Children's Department; offers story hour and movies. West Street, Northampton. 584-8399. Children's Department, 584-3970.

Jones Library. Cards issued to Massachusetts residents; contains a good collection of Robert Frost materials in the Special Collections Department; good selection of mysteries. Large Children's Room. 43 Amity Street, Amherst. 256-0246.

NEWSPAPERS

The Daily Hampshire Gazette. Published daily except Sunday and available after 1:00 p.m.; the Hampshire Life section on Friday is an excellent source of local activities, entertainment, etc. 584-5000.

Valley Advocate. An alternative paper published weekly and distributed on Wednesdays; it is free and available at local restaurants and newsstands. Publishes a "Best of the Valley" list in September, rating area businesses and services. Also lists personals. (413) 247-9301.

POPULAR HANGOUTS

The Haymarket Café. Very casual "feed and read." Vegetarian café featuring coffee, juices, pastries, and great soups and salads. 2 floors. 15 Amber Lane (with an entrance also on Main Street next to Main Street Cleaners), Northampton. 586-9969.

Javanet Café. Coffee and computers! Tea, juice, soda, bakery items. Every single magazine for sale under the sun. Bring your laptop or just use one of their computers (for an hourly fee). Plenty of space to just sit, drink, read and/or soak up the jazzy ambience in what seems like your father's den. 2 floors. Open late. 241 Main Street, Northampton. 587-3400.

Northampton Brewery. Live music on Sunday nights. Wide choice of on-premises brewed beers. Outdoor patio in the summer. They even serve food, though the beer is much better. 11 Brewster Court, Northampton. 584-9903.

Packards. Smoking is encouraged here, especially cigars (though, leave your clove cigarettes at home). Full bar. Fun people. Full menu available (the dining area is separated from the bar area by a glass door). A Smithie is featured in caricature on the menu. 14 Masonic Street, Northampton. 584-5957.

RESTAURANTS

There are so many of these it's hard to choose, but here are some favorites:

Amanouz Café. Affordable Moroccan fare. Thursday night is French Rendezvous at 7:30 p.m. Parlez vous français? 44 Main Street, Northampton. 585-9128.

Bart's Ice Cream. Delicious homemade ice cream, espresso, coffee, lemonade, etc. Main Street, Northampton.

Bluebonnet Diner. 324 King St, Northampton. Good, hearty, local homecooking. 584-3333

Bela. Vegetarian Restaurant, inexpensive & healthy. Atmosphere is like a cozy dinner party. 68 Masonic Street, Northampton. 586-8011.

CHA! CHA! CHA! Fusion-Mexican food. Giant burritos. 134 Main Street, Northampton. 586-7311.

Carmelina's. Great Italian food for romantic dining. Fairly expensive. 96 Russell Street (Route 9), Hadley. 584-8000.

Eastside Grill. Grilled steaks, seafood, Cajun food; moderate to high prices. 19 Strong Avenue, Northampton. 586-3347.

Fitzwilly's. Popular eating/drinking place; varied menu; great atmosphere. Half-off appetizers during Happy Hour. 23 Main Street, Northampton. 584-8666.

Fresh Pasta Company. Open 7 days a week. 249 Main Street, Northampton. 586-5875.

Green Street Café. Expensive; reservations recommended. Aesthetically pleasing food and ambiance. Liquor license variable; call ahead. 62 Green Street, Northampton. 586-5650.

Joe's Café Spaghetti and Pizza House. Great pizza, loud and friendly atmosphere. 33 Market St, Northampton. 584-3168.

La Fiorentina. Authentic Italian coffee and pasrty shop with an espresso/cappuccino bar. 19 Armory Avenue, Northampton. 586-7693

La Veracruzana. Good east coast style Mexican food; moderate prices. 31 Main Street, Northampton. 586-7181.

Mezza Luna Bakery Yummy bread; popular restaurant and bar. Nice menu and flavorful sauces. Good wine. 7 Strong Ave Northampton. 584-5040.

Miss Florence Diner. A real old fashioned diner. Abundant and good food with cheap prices. Great breakfast! 99 Main Street, Florence. 584-3137.

Packard's. "Funtime Emporium." Casual dining; lots o' beer. Cigars allowed. 14 Masonic Street, Northampton, 584-5957.

Panda Garden. Good Chinese food; moderate prices. 34 Pleasant Street, Northampton, 584-3858.

Paul and Elizabeth's. Natural foods restaurant: vegetarian and fish dishes. Inexpensive lunch, reasonable dinner, great soups. Thorne's Market, 150 Main St, Northampton, 584-4832.

Pizzeria Paradiso. Gourmet pizza, beer and wine. Dinner only. 12 Crafts Avenue, Northampton, (413) 586-1468.

Roberto's. Great local pizza joint. 223 Pleasant Street, Northampton. 584-0204.

Siam Square Thai Restaurant. Inexpensive, fresh food, good service. 84 Pleasant Street, Northampton, 582-1817.

Spoletto Restaurant. Serves exciting new and traditional Italian food in a casual environment. Expensive. 50 Main Street, Northampton. 586-6313.

Sylvester's Restaurant. Wonderful place; homemade breads & soups; good prices. Great breakfast place, busy on weekend mornings. 111 Pleasant Street, Northampton. 586-5343.

Taipei & Tokyo. Japanese (sushi) and Chinese available. They even deliver! 18 Main Street, Northampton. 582-1888.

Teapot. Chinese and Japanese available, plus sushi. Open late. They deliver! (Ask for the 10% Smith College student discount on takeout orders.) 116 Main Street, Northampton. 585-9308.

Vermont Country Deli & Café. Freshly baked bagels, daily salads & entrées, gourmet coffees, & fabulous bakery. Great deli sandwiches, too. 48 Main Street, Northampton. 586-7114.

SCHOOLS

Public Schools

There are four elementary schools, one junior high school, one high school, and one vocational high school in Northampton. School assignment is determined according to the district in which you live; contact the **Superintendent of Schools**, 212 Main Street, Northampton, for more information. 587-1328.

Private Schools

There are a number of good private schools in the area; this is only a partial listing.

The Clarke School for the Deaf. 46 Round Hill Road, Northampton. 584-3450.
www.clarkeschool.org

The Common School. Small, private, alternative school. 521 South Pleasant Street, Amherst. 253-7913. www.commonschool.org

Smith Campus School. Pre-school to grade 6. Small, private day school on Smith campus. Contact the Director's Office, Gill Hall, or Smith College (x3270).

Williston-Northampton School. Coeducational boarding and day school, grades 7-12. 19 Payson Avenue, Easthampton, (413) 527-1520. www.williston.com

SERVICES

Verizon (Bell Atlantic) Service Representative. Telephone installation. (413) 447-8600.

Federal Information Center. Call for information on federal taxes, federal jobs, veterans' and Social Security benefits, passports, visas, and more. 1-800-688-9889.

H&R Block. 241 King Street, Potpourri Plaza, Northampton. 584-3155. For year-round service, call (413) 536-4766.

Hampshire Community Action Commission (HCAC). This is the largest social service agency in Hampshire County. The agency serves as an umbrella for 14 different programs directed towards low-income people in the area. Programs in day care, food and nutrition, and welfare rights are some offerings. Call and ask what other services are available. If the service you need is not provided, HCAC can refer you to the proper social agency. Call the hotline for referrals and information: First Call for Help at 1-800-339-7779 or 413-582-4237. www.hcac.org

Internal Revenue Service. 1-800-829-3676. For forms, publications, and to change your address with the IRS (request Form 8822), call the number listed above. For information on moving expenses that may be tax deductible, including sale of residence, moving to start a new job, transportation, storage, travel, lodging and more, call 1-800-829-4477.

Massachusetts Department of Transitional Assistance. This is the agency to call for food stamps and Medicaid, as well as other benefits. 72-100 Front Street, Holyoke. 552-5400.

Massachusetts Registry of Motor Vehicles. 195 Russell Street, Hadley (Rt 9).
www.state.ma.us/rmv

Northampton Chamber of Commerce. A wealth of information about the area is available in this office. 99 Pleasant Street, Northampton. 584-1900.

Northampton Post Office. 37 Bridge Street, Northampton. 584-0960.

Northampton Survival Center. Serves low-income residents by providing food, clothes and some household items. A good place to go if you are having a hard time making ends meet. 256 Prospect Street, Northampton. 586-6564

Office of the Governor. 1-617-727-3600.

Social Security Administration. 1-800-772-1213. Call this number to change your address. Tell them your new address, including ZIP code, your new telephone number, and your Social Security Number. SSA lines are busiest early in the week and early in the month, so it's best to call at other times. If you are calling to arrange for direct deposit of your Social Security checks, call your bank before you call SSA. For the hearing impaired, the "TTY" number is 1-800-288-7185.

State Tax Information. 1-800-392-6089.

Western Mass Legal Services. This agency has a sliding scale for legal services. Qualified, understanding staff. 29 Pleasant Street, Northampton. 584-4034.

SHOPPING

Northampton offers everything from trendy boutiques to discount department stores. This listing is to acquaint you with some stores that are conveniently located, reasonably priced, and/or fun and unusual.

Local Grocery Shopping

Serio's Market and Pharmacy. Small, locally owned grocery and drugstore a short walk from campus (just across the street from Bedford Terrace apartments). Includes butcher shop, deli counter, and fruit and vegetable section. Smith students can cash checks up to \$20.00 with purchase. 65 State Street. 584-2633.

State Street Fruit Store and Deli; State Street Beer and Wine. Small, locally owned grocery store close by. A variety of good produce and cheeses, and a sizable gourmet food section. Liquor store next door. 51 State Street, Northampton. 584-2301.

Cornucopia Foods. A full line of organic/natural foods, grains, and health products. Downstairs in Thorne's Marketplace, 150 Main Street, Northampton. 586-3800.

Bread & Circus. Natural foods supermarket, including meat, fish, deli, bakery, vitamins, and cosmetics. Route 9, Hadley. 586-9932.

Big Y Supermarket. Double manufacturer's coupons. 136 North King, Northampton. 584-6137.

Stop and Shop Supermarket. Double manufacturer's coupons. 228 King Street, Northampton, (413) 774-6096.

Big E's Foodland. Double manufacturer's coupons. 11 Union Street, Easthampton, (413) 527-2125.

Asian American Groceries. 206 Russell Street (Route 9), Hadley; just past the bridge out of Northampton (towards Amherst), on the left. 585-9932.

Trader Joe's. coming soon to Hadley, on Route 9.

Clothing, etc.

Faces. Cool, hip stuff you really don't need but want! Clothes, toys, cards, household chachas. 175 Main Street, Northampton. 584-4081.

The Hospice Shop. Thrift Shop. 25 Market Street, Northampton. 586-0193.

Marshall's. Route 9, Hadley.

The Mountain Goat. Clothes, shoes, backpacks. Watch for sales; expensive when you consider that it lasts forever! 177 Main Street, Northampton. 586-0803.

Outlet Stores in Manchester, Vermont, and Lee, Massachusetts.

Practikly Worne Classic Clothing. Great "twice around" dungarees, corduroys, flannel shirts, etc; also odd pieces of cloth, lace, velvets, etc. 2 Bridge Street, Northampton. 586-1913.

Roz's Place. Impressive selection of "hardly used" clothing. 6 Bridge Street, Northampton. 586-4381.

Second Showing. Beautiful, name-brand second-hand clothing. 9 Market Street, Northampton. 586-3136.

Salvation Army Store. 59 Service Center Road (off Pleasant Street), Northampton. 586-2493.

T.J. Maxx. Accessible by Amherst bus. 454 Russell Street, Route 9, Hadley. 256-3101.

Bookstores

Beyond Words Bookshop & Cafe. 189 Main Street, Northampton. 586-6304.

Broadside Bookshop. 247 Main Street, Northampton. 586-4235.

Odyssey Book Shop. 2 One of the largest paperback/hardback book stores in the area. 9 College, South Hadley. 1-800-540-7307.

Old Book Store. 32 Masonic, Northampton. 586-0576. Buys and sells a wide range of used books.

Raven Used BookShop. 4 Old South Street (around the corner from Thorne's Market), Northampton. 584-9868.

Barnes & Nobles. Route 9, Hadley.

Department & Drug Stores

CVS Pharmacy. 90 Main Street, Northampton. 584-3466 or King Street, Northampton.

Serio's Drug. Students can cash personal checks up to \$20.00 with purchase. Copy machine, money orders available. Also, food stamp/fund "cards" may be used here. 63 State Street. 584-8980.

Foster Farrar Co, & True Value. Hardware Store. 145 King Street, Northampton. 584-8811.

Radio Shack. 242 King Street, Northampton. 584-2420.

Wal-Mart. 180 North King Street, Northampton. 587-9555

Malls

Hampshire Mall. Includes J.C. Penney, Target, roller skating, and a Cinemark Theatres. \$5 movies with student I.D. and even cheaper matinee prices. Route 9, Hadley . On the bus line!

Ingleside Mall. Largest mall in the area (includes Sears, Lord & Taylor, Gap, etc.). Just off of route 91 south in Holyoke. Our favorite store for great buys is The Christmas Tree Shop, for all sorts of household needs, gadgets, and stuff. Not too far away, but a good trip to get off campus for a few hours.

Mountain Farms Mall. Includes Wal-Mart, Old Navy, Linens and Things, Bread and Circus, Marshall's, Barnes & Noble, Michael's Arts and Crafts. Next to Hampshire Mall on Route 9 (aka Main Street in Northampton, just follow it East and it will lead you right to the mall in Hadley). The bus will take you to and from this mall for free during the semester.

Thorne's Marketplace. Check out the many interesting shops and places to eat in this former department store—just wandering through is an experience! Make sure to stop by the seated massage on the 2nd floor. This is a wonderful stress reliever before exams. A dollar store is in the basement next to a natural food grocery store. Open late on Thursday nights. 150 Main Street, Northampton. 584-5582.

Miscellaneous

A 2 Z. Great science toy store. 57 King Street, Northampton. 586-1611.

Bruegger's Bagel Bakery. Good bagels. 96 Main Street, Northampton. 585-0275.

Dave's Soda and Pet Food City. Cheap pet food in bulk (soda too!). On Route 9 next to Bread and Circus, Hadley. 584-7511.

Good Thyme Deli. 186 Main Street, Northampton. 584-6195.

Pet Supplies Plus. Memorial Drive, West Springfield.

THINGS TO DO

Parks

Arcadia Nature Center and Wildlife Sanctuary

Route 10 between Northampton and Easthampton. A Massachusetts Audubon Society Preserve open to the public for a minimal fee. There are easy hiking trails throughout, which also provide for cross-country skiing during the winter. A Natural History Summer Day Camp is available for children.

Childs Park

This park is approximately a mile from campus and is a lovely, relaxing place to eat lunch, study, or take a leisurely bike ride. Elm Street (Route 9), Northampton.

Daughters of the American Revolution (DAR) State Forest

Located on the western edge of Pioneer Valley, DAR State Forest is best known as a camping and swimming recreation area. Within its acreage, however, are about 14 miles of foot and bridle trails and gravel or dirt roads. The most direct way to reach the forest from the Northampton area is to follow MA-9 (Berkshire Trail) 15 miles to Goshen and turn right (north) onto MA-112. The well-marked entrance to the forest is located on the right in under a mile from MA-9. During the summer months, a nominal fee (\$2.00 in summer 2000) is

charged for parking. If you wish to avoid the parking fee, your other option is to drive north on Rt. 112 and then east on Rt. 116. From South Ashfield, follow paved Williamsburg Road south for about three miles and then turn right onto Ludwig Road taking you to the park's west boundary and a gate. This information is taken from *Hiking the Pioneer Valley*, by Bruce Scofield, available at The Mountain Goat outdoor store in downtown Northampton.

Look Memorial Park

A year-round recreational park with picnic areas, tennis courts, miniature golf, outdoor theater, and other recreational facilities. Cost is about \$2 per car (season pass available). Just a couple of miles west on Route 9, Florence.

Northampton Bike Path

This paved trail originates at the end of State Street and meanders several miles through wooded areas into Florence and to Look Park. A great place to bike, rollerblade, jog, or take a leisurely walk without the noise, smell, or worry of traffic.

Norwottuck Rail Trail

A ten-mile paved path linking Northampton, Hadley, and Amhers along the former Boston and Maine Railroad right-of-way. Originates on the west side of the Connecticut River near the Coolidge Bridge (Route 9), and leads into Amherst. Part of the Massachusetts State Park system.

Skinner State Park

Approximately seven miles from Smith, following Route 47 to South Hadley. The summit offers a view of the Valley that is well worth the trip. You can drive to the top or park at the halfway point and climb the rest. There is a hiking trail along the mountain range. (Think about making this trip on Mountain Day!)

Theaters

Academy of Music. A one-film venue usually showing award-winning productions several weeks at a time. Buy two tickets at a time (with student ID) for a discounted student price. 274 Main Street, Northampton. 584-8435.

Calvin Theatre. 19 King Street, Northampton. Live groups and performances. 584-1444

Cinemark at The Hampshire Mall. Accessible by the Amherst Bus (PVTA). Twilight movies start around 5:00 p.m.--cheaper than evening prices. Discount with student ID available all other times. Route 9, Hadley. 584-9153.

Pleasant Street Theater. Runs a lot of independent films. Buy a 10- movie pass at a discount. 27 Pleasant Street, Northampton. 586-0935.

Wright Hall. The SGA plays top movies in Wright Hall on Tuesday and Thursday nights. Free!! Smith campus! Bring your own popcorn and soda. Watch for the ads on the board in the mailroom.

TRANSPORTATION

Travel Ideas

In addition to the Chamber of Commerce, there is a **travel information booth** on King Street in Northampton, across from the Hotel Northampton--a good source of information both for the Pioneer Valley area and New England.

Airports

Bradley International Airport

North of Hartford, Connecticut, Bradley (BDL) is approximately one hour from Smith. Bus service (Peter Pan) is available on a regular basis. Also, Valley Transportation is a good source for a ride to the airport. The Smith SGA runs an airport shuttle during specific peak times (i.e. Thanksgiving and Winter break) to Bradley for somewhere around \$10.

Logan International Airport.

Located in Boston, Massachusetts, approximately two hours from Smith.

Buses

The Five-College Bus System

This service runs on a regular basis between the University of Massachusetts, Smith College, Amherst College, and Mount Holyoke College. It is free to all riders during the school year, but during the summer, there is a fee. The Smith College buses stop in front John M. Greene Hall on Elm Street. Schedules are posted on the bulletin board there and are available on the bus. This service facilitates taking courses at the other colleges, as well as getting to know the area without the hassle of driving and parking.

Peter Pan Buses

One Roundhouse Plaza, Northampton, (413) 586-1030 and 79 Amherst Street, Amherst. Hourly departures to Springfield, Boston, and New York City. Check schedules for other New England destinations, including Cape Cod. Make sure to ask for the student discount. They get you there but never, ever on time!

Pioneer Valley Transit Authority (PVTA)

Five-College Bus System is part of the PVTA. The PVTA also provides local bus service to the surrounding communities: Amherst, Florence, Holyoke, Springfield, Williamsburg, etc.

Western Mass Bus Lines. One Roundhouse Plaza, Northampton, (413) 584-6481.

Taxis

City Taxi Service. 15 King Street, Northampton, (413) 584-3405.

Diamond and Tony's Cab Service. 123 Hawley Street, Northampton, (413) 586-2099.

Valley Transporter. Specializes in transport to Bradley Airport. 479 West Street, Amherst, (413) 253-1350.

Trains

The **Amtrak** (1-800-872-7245 for schedules and reservations) station is located in Springfield; service to Boston, New Haven, and New York is available.

WORSHIP

The local newspaper, the **Daily Hampshire Gazette** ((413) 584-5000), publishes a list of area churches, temples, and synagogues every Friday, listing service times as well.

The **Helen Hills Hills Chapel** on campus offers several services every week, including an hour of silent meditation on Mondays from 12:30 p.m. to 1:30 p.m. (x2750 ~ (413) 585-2750)



WORDS OF WISDOM

Schedule time to relax.

Explore the town to find your own favorite places.

Talk with your professors. Make them respect you.

Don't be afraid to ask for help! That's what it's there for.

Enjoy yourself and your life at Smith. It is over so quickly!

When a Smith professor says read the book, she means **READ THE BOOK!**

Call other Adas and get to know them. You are not alone, in fact your friendship might help them to cope.

Take one step at a time and don't focus on huge or overwhelming projects. Just begin and plug away a little at a time.

Get involved in your first year. Go to Convocation, Rally Day, Otelia Cromwell activities, etc. Climb a mountain on Mountain Day. You are here for an education, not just to maintain high grades. Go for the full experience.

If you are from the West Coast, prepare yourself for not only New England winters, but also culture shock!

Locate resource pools! Always refer to your resources. Remember this phone number: First Call for Help: 1-800-339-7779 in Amherst (social services).

Remember that you do not need to attend every function. Pace yourself.

Try to get settled in before orientation begins.

Try to get off-campus as much as possible.

Pack light. Bring hangers.

Take Naps!!

Map of Northampton